



NEW CLASS SCHEDULE

→ (Effective August 18, 2021) ←



As of 8/18/21:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY *
9:30 AM – 10 AM					9:30 AM – 10:00 AM: PRIVATE LESSON
10 AM – 10:30 AM					10:00 AM – 10:30 AM: LITTLE DRAGONS
4:00 PM – 4:15 PM	4:00 PM – 5:00 PM PRIVATE LESSONS & EVALUATION LESSONS (By Appointment Only)	PRIVATE LESSONS	4:00 PM – 5:00 PM PRIVATE LESSONS & EVALUATION LESSONS (By Appointment Only)	PRIVATE LESSONS (By Appointment Only)	10:30 AM – 11 AM: KIDS – Level I
4:15 PM – 4:30 PM		4:15pm – 4:45pm: KIDS – Level I (White, Yellow, & Orange Belts)		TEMPORARY ADDITIONAL CLASS TIME: 4:30pm – 5:00pm: KIDS – Level I	11:00 AM – 11:30 AM: KIDS – Level II
4:30 PM – 4:45 PM		4:45pm – 5:15pm: LITTLE DRAGONS			11:30 AM – 12:15 PM: ADULT BEGINNERS
4:45 PM – 5:00 PM					12:15 PM – 1:00 PM: ADULT INTERMED.
5:00 PM – 5:15 PM	15 MINUTE BREAK		15 MINUTE BREAK	5:00pm – 5:30pm: LITTLE DRAGONS	* Saturday classes are subject to change and may be cancelled due to special events or holidays. ANNOUNCEMENTS: Switched Intermediate and Advanced class times on Wednesdays and Thursdays ADDED a temporary "Kids I" class time on Thursdays at 4:30pm
5:15 PM – 5:30 PM	5:15pm – 5:45pm: KIDS – Level I (White, Yellow, & Orange Belts)	5:15pm – 6:00pm: ADULT INTERMEDIATE (Purple, Blue, Green, & Green/Black Belts)	5:15pm – 5:45pm: KIDS – Level II (Purple Belts & above)	5:30pm – 6:00pm: KIDS – Level I (White, Yellow, & Orange Belts)	
5:30 PM – 5:45 PM					
5:45 PM – 6:00 PM	5:45pm – 6:15pm: KIDS PREMIUM TRAINING - A		5:45pm – 6:15pm: KIDS PREMIUM TRAINING - B		
6:00 PM – 6:15 PM		6:00pm – 6:45pm: ADULT ADVANCED & ADULT BLACK BELTS (Brown Belts & Above)	6:15pm – 6:45pm: KIDS – Level I (White, Yellow, & Orange Belts)	6:00pm – 6:45pm: ADULT BEGINNERS (White, Yellow, & Orange Belts)	
6:15 PM – 6:30 PM	6:15pm – 6:45pm: KIDS – Level II (Purple Belts & above)				
6:30 PM – 6:45 PM		6:45pm – 7:30pm: ADULT ELITE TRAINING	6:45pm – 7:30pm: ADULT ADVANCED & ADULT BLACK BELTS (Brown Belts & Above)	6:45pm – 7:30pm: ADULT PREMIUM TRAINING - B	
6:45 PM – 7:00 PM	6:45pm – 7:30pm: ADULT BEGINNERS (White, Yellow, & Orange Belts)				
7:00 PM – 7:15 PM		7:30pm – 8:15pm: ADULT PREMIUM TRAINING - A	7:30pm – 8:15pm: ADULT BEGINNERS (White, Yellow, & Orange Belts)	7:30pm – 8:15pm: ADULT INTERMEDIATE (Purple, Blue, Green, & Green/Black Belts)	
7:15 PM – 7:30 PM					
7:30 PM – 7:45 PM	7:30pm – 8:15pm: ADULT INTERMEDIATE (Purple, Blue, Green, & Green/Black Belts)				
7:45 PM – 8:00 PM					
8:00 PM – 8:15 PM		8:15pm – 9:00pm: ADULT BEGINNERS (White, Yellow, & Orange Belts)	8:15pm – 9:00pm: ADULT INTERMEDIATE (Purple, Blue, Green, & Green/Black Belts)	8:15pm – 9:00pm: ADULT ADVANCED & ADULT BLACK BELTS (Brown Belts & Above)	
8:15 PM – 8:30 PM	8:15pm – 9:00pm: ADULT ADVANCED & ADULT BLACK BELTS (Brown Belts & Above)				
8:30 PM – 8:45 PM					
8:45 PM – 9:00 PM					

The highest compliment you could ever give us would be to **REFER A FRIEND** and/or leave us a **POSITIVE REVIEW/RECOMMENDATION**.

Please share your experience by leaving a positive review/recommendation on **Google/Facebook/Yelp**, etc.

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Keep up-to-date by joining our **Closed Facebook Group** and **Spark Member App** for Announcements.

Power-charge your martial arts training with a **Private Lesson** (30 & 60 min. available).
See the Front Desk for Pricing List.