

LIVE YOUR
Life

YOUTH SAFETY



WHAT IS YOUTH SAFETY?

Empowering kids to be aware of their surroundings,
prevent injuries, and promote a safe
and healthy lifestyle.



WELCOME

Strange People, Places & Situations

The 3 Types of Strangers, Online Safety & 911

Abductions & Kidnapping

Self-Defense Training

Accidents, Getting Hurt & Fatal Injuries

Youth Safety Kit & Fingerprinting





**STRANGE PEOPLE,
PLACES & SITUATIONS**

KNOW YOUR SURROUNDINGS



Being aware and paying close attention gives us the time and the space to make smarter decisions!



KNOW WHEN TO BE SMART, BE ALERT AND BE SAFE



BE SMART



BE ALERT



BE SAFE

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SAFE PEOPLE, PLACES & SITUATIONS



You are safest when you are with your immediate family, in your home or in familiar surroundings, with long-time friends and people on your approved safe list.

POTENTIALLY DANGEROUS PEOPLE, PLACES & SITUATIONS



When you find yourself alone without a parent or friend in a mall, concert, theme park, walking at night, around older kids acting out, or in an unfamiliar place.

DANGEROUS PEOPLE, PLACES & SITUATIONS



If you are approached by someone you don't know or have never met before, find yourself in a place you are unfamiliar with, or have been separated from your family and friends.

ALWAYS REMEMBER!

Any busy public place can be a potentially dangerous place or situation. Places like streets, parks, shopping malls, concerts, amusement parks, public bathrooms, changing rooms, even your neighbor's house can be dangerous. Chatting and being online can potentially also be dangerous. Always be on alert and know who you are talking and sharing things with online!





THE 3 TYPES OF STRANGERS

THE 3 TYPES OF STRANGERS



A stranger is simply someone you don't know. There are strangers that can **HURT** you and there are strangers that can **HELP** you. You need to know the difference!

THE 3 TYPES OF STRANGERS



**THE
COMPLETE
STRANGER**



**THE
FAMILIAR
STRANGER**



**THE
HELPFUL
STRANGER**

THE 3 TYPES OF STRANGERS



THE COMPLETE STRANGER

Someone you have never met before and someone you do not know well enough to be alone with. Don't trust what they say and don't go with any complete strangers.

THE 3 TYPES OF STRANGERS



THE FAMILIAR STRANGER

Someone you have seen before but do not know well enough to be alone with. They could be a coach, teacher, family friend, neighbor or relative.

THE 3 TYPES OF STRANGERS



THE HELPFUL STRANGER

Someone you can ask for help in emergency situations. Policemen, firemen, security guards, and in some cases, parents with other children with them.

CREATE A SAFE LIST



People who should be on your safe list are the people your parents say you can trust. They can include police officers, firefighters, ambulance workers, approved family members, friends and neighbors. **NEVER** be alone with anyone not on your safe list!

STRANGER AWARENESS



Remember, being aware of the people around us gives us the time and the space to make smarter decisions!



DEMONSTRATION

HIDDEN STANCE

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IF A STRANGER APPROACHES YOU

Know your danger zone, it is double your body distance.

Never let anyone touch you.

Do not be afraid to yell **NO**, **HELP** or
LEAVE ME ALONE if a stranger approaches you.

RUN! Action is faster than reaction.



IF A STRANGER APPROACHES YOU

Hidden Stance

Be aware! Identification of a threat gives us more time, distance and options.

Be ready! It's ok to kick and punch if someone tries to grab or hurt you.





ONLINE SAFETY & THE INTERNET

BE CAREFUL ONLINE!

Just like in the physical world, you have to be aware of what you are doing online. Be careful of chatrooms and friend requests from people you do not know. Never share personal information such as your home address, email address, phone number, usernames or passwords. ALWAYS tell your parents if someone sends you inappropriate pictures or links online or asks to meet you in person.





MASTERING THE ART OF 911

UNDERSTANDING 911

Use 911 to get help from the Police Department, Fire Department, and the Ambulance. Pets are not handled by 911.

911 is free from any phone and only for emergencies. Make sure to stay calm, speak confidently and describe in detail what is wrong. Always have your address and phone number memorized!



NEVER FORGET!

**IT IS A CRIME TO USE 911
AS A JOKE OR TO REPORT A
FAKE EMERGENCY.**





ABDUCTIONS & KIDNAPPING

ABDUCTION TRAINING

Safety is about more than memorizing rules. It's also about knowing how to act when potentially dangerous situations occur. Here are six of the most common abduction tactics used by kidnappers or people trying to harm children.



ABDUCTION TACTIC 1



THE CAR RIDE TRICK

A stranger says they are there to pick you up
and give you a ride home or to school.

ABDUCTION TACTIC 2



THE GIFT TRICK

A stranger offers something desirable to you like candy, money, toys or other things of value.



ABDUCTION TACTIC 3



THE ANIMAL TRICK

A stranger uses a cute or interesting animal to get you to help them find it, pet it, or play with it.

ABDUCTION TACTIC 4



THE FAMILY TRICK

A stranger says they have been sent by your parents to help in an emergency or other family matters.

ABDUCTION TACTIC 5



THE HELP TRICK

A stranger asks a question about directions or needs help carrying something.



ABDUCTION TACTIC 6



THE OPEN DOOR TRICK

A stranger tries to get you to answer and open the door when your parents are not home.

**ADULTS SHOULD
NEVER ASK KIDS FOR
HELP. THEY SHOULD
ASK OTHER ADULTS!**





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ABDUCTION TACTICS

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SELF-DEFENSE SCENARIOS



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SURVIVAL STRIKES & COMBINATIONS

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SELF-DEFENSE SCENARIOS

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COMMON PLACES FOR YOUTH ATTACKS

Walking home

Parks and busy public areas

Around older kids who act out and gangs





ACCIDENTS, GETTING HURT & FATAL INJURIES

TOP 5 FATAL ACCIDENTS AMONG KIDS



TRANSPORTATION



WATER



FIRE



POISON



FALLING

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DON'T BE WILD AROUND WHEELS



When riding, wear protective gear and reflective clothing. Always look for pedestrians.

Always use crosswalks and wait for signals, do not cross in the middle of the street.

Always wear your seat belt for every ride, every time, in every car and with every driver.

BE CAREFUL AROUND WATER



Learn to swim properly, and never swim without proper supervision.

Never run, jump or push others around a pool.

Currents can surprise you! When swimming in rivers and lakes always wear a life jacket.

NEVER PLAY WITH FIRE



Have a family fire emergency plan and make sure all fire detectors and extinguishers work.

If you catch fire: STOP. DROP. ROLL.

Never play with matches, lighters, fireworks or anything with a open flame without supervision.

UNDERSTANDING POISION



Never take any medication without adult or medical supervision.

Never get near or play around strange or unknown chemicals.

Save the poison helpline visibly in your home: 1.800.222.1222



FALLING IS NO LAUGHING MATTER



Never push or shove anyone for any reason.

When using gym or playground equipment, be cautious and don't be reckless.

Watch for slippery surfaces when playing and always wear the proper head gear and pads when appropriate.

**DON'T TAKE
CHANCES. IT'S
BETTER TO BE SAFE
THAN SORRY!**

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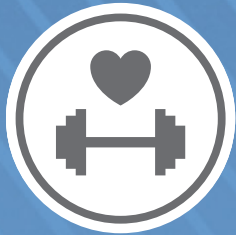


DEMONSTRATION

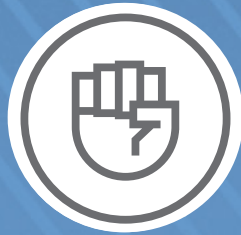
SELF-DEFENSE CIRCUIT

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THE POWER OF THE MARTIAL ARTS



**HEALTH &
FITNESS**



**SELF-
DEFENSE**



**CHARACTER
INSPIRATION**



**POSITIVE
COMMUNITY**



**A LOT OF
FUN!**

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HYPER YOUTH SAFETY KIT

LIVE YOUR Life
YOUTH SAFETY KIT

BE SMART • BE SAFE • BE YOU
YOU WILL CHANGE YOUR COMMUNITY. TOGETHER WE WILL CHANGE THE WORLD!

• CHILDS NAME _____
• DATE COMPLETED _____

PHOTO • **SOCIAL MEDIA ACCOUNTS** • **UNIQUE CHARACTERISTICS** Draw and label any distinct characteristics below

PERSONAL INFORMATION

UNIQUE CHARACTERISTICS

FINGERPRINTS Use a pen or sharp object to make your prints on these

EMERGENCY CONTACTS

HYPER MARTIAL ARTS • HYPER MARTIAL ARTS • HYPER MARTIAL ARTS • HYPER MARTIAL ARTS • HYPER MARTIAL ARTS

Fill it out completely!

Make sure it is accurate
and up to date!

Keep it in a safe place!

LIVE YOUR
Life

THANK YOU

For more information on the **Live Your Life: Youth Safety Movement**
and to download your free social media materials, please visit:

HYPERYOUTHSAFETY.COM

You will change your community.
Together we will change the world.

