



**Dear Fellow Grandmasters, Masters, Instructors,
and TKD leaders!**

I would like to welcome everyone to The 1st US VA Regional Championship Taekwondo Championship! This event was held in Rhode Island for many years and was moved to Boston last year. We are happy to say now we are expanding this year to Virginia.

This tournament will be held on Saturday, **May 18th, 2024** at the Gayton Road. Baptist Church 13501 Gayton Road. Henrico VA, 23233.

Enclosed you will find important information regarding **The 1st US VA Regional Championship Consul-General Regional Taekwondo Championship** and I encourage everyone to register as early as possible.
No registration will be accepted after May 4th

We will also **not have same event day registration** for the students with late decisions on their mind. So, please don't be late sending in your registration early.

Medallions will be awarded for the First, Second, and Third place winners throughout the day in each division.

We look forward to celebrating this event with you and your Taekwondo families. Thank you for your support!

Sincerely,

US VA Regional Championship Director Chief Master Erik Hubley



2024 GTA - US Taekwondo VA. Regional CHAMPIONSHIP Saturday May 18, 2024

Gayton Road Baptist Church 13501 N. Gayton Road. Henrico, VA 23233

GENERAL INFORMATION

Registration: \$85.00 for first, \$25.00 for Second event, **competition limited to 2 events per person**
(Must be Received by May 4, 2024)

***No Same Day Registration!**

Payable to: **Martial Arts of West End**

Directors: Chief Master Erik Hubley

10454 Ridgefield Pkwy, Henrico, VA 23233

Phone # (804) 673-5200 - reception@mawestend.com

ALL ENTRY FEES NON-REFUNDABLE!

Schedule of Events

Referee Meeting / Staff Meeting	8:00 a.m.
Registration	8:30 a.m.
Poomsae (Forms)	9:00 a.m.
Kyuk-Pah (Breaking Competition)	
Opening Ceremony	12:00
Gyorugy (Sparring) All Ages	12:30 p.m.

*Scheduled times may vary based on the number of competitors.
Please be early to be sure that you are ready when your division is called.*

Awards

Medallions will be awarded for the First, Second, and Third place winners in each division

Admissions Fee

All spectators Tickets - \$10.00 (all day) (Children under 5 years of age are free)
Family Tickets - \$20.00 (all day) (Children under 5 years of age are free)

Competitors

ELIGIBILITY: You must be a current 2024 athlete member of an organized Martial Arts school in good standing and must present an alternate health/medical insurance to be eligible to participate. You must sign the waiver form correctly and fill in all information on the official entry form.

Coaches

ELIGIBILITY: Must be at least 17 years of age and must include one ID size photo of yourself. Any officials and referees of the championships, per Championship Organizing Committee rules, hold the right to suspend anyone for general misconduct or unsportsmanlike behavior from the competition floor

***Food and Drinks will be sold onsite. Food Truck - PRD Concessions.**

*2024 GTA-US
Taekwondo VA. Regional Championships*

OFFICIAL ENTRY FORM

Type or Print Legible - Fill in ALL BOXES (illegible application will NOT be processed)

Entry Deadline: May 4th, 2024

Mail To: Martial Arts of West End Inc., 10454 Ridgefield Pkwy, Henrico VA 23233

We Reserve the right to reject any applicant

Applicant's Name	Belt Rank
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Age	Male / Female	Weight (lbs.)
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Address

Street	City	State	Zip
Phone	School Phone		

Name of Master, Instructor, and School

Junior Division (4 – 17 Age)	<input type="checkbox"/> Forms <input type="checkbox"/> Sparring <input type="checkbox"/> Breaking	Adult Division (18 – 34 Age)	<input type="checkbox"/> Forms <input type="checkbox"/> Sparring <input type="checkbox"/> Breaking	Senior Division (35 & Over)	<input type="checkbox"/> Forms <input type="checkbox"/> Sparring <input type="checkbox"/> Breaking
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Registration Fee: 1 Event = \$85.00, 2 Events = \$110.00. You can Choose up to Only 2 Events

***** (Application Received by May 4, 2024) *****

ONLY certified checks or Money order accepted

Total Amount of Participation Fee Enclosed: \$ _____.

Make Check payable to: **Martial Arts of West End**

“ALL FEES ARE NON-REFUNDABLE”

Liability Waiver

I understand that Taekwondo is a physical contact sport which involves the risk of injury I agree that I will be responsible for all case of accidents such as any damage, loss and any injury etc. which occurs during physical exercise and competition of Gyorugy(Sparring), Poomsae(Form) Kyuk-Pha(Breaking) till the finish of the tournament. I agree that the Organizing Committee for the Marital Arts of West End Inc. and Host Facility including organizers, officials, staff and volunteers as well as referees, Masters, instructors, coaches, fellow competitors, and other except competitor herself/himself will be indemnified from all accidents as above and release and forever discharge from any claims for damages. I also agree that the medical treatment provided by the Organizing Committee and volunteer EMTs, if necessary, will be a First Aid type only.

Date: _____

Applicant's Signature (if under 21, Parent or Guardian MUST sign)

Events Entering			
	Junior	Adult	Senior
Form	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sparring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Full Name

Name of TKD School

_____/_____/_____

Age Rank/Belt Weight

**** Please MUST fill out all information &
Check the boxes on EVENTS!!**

*2024 GTA-US
Taekwondo VA. Regional Championships*

Master / Referee / VIP

Attendance Confirmation Form

May 18th, 2024

☐

**Referee
Official**

☐

**Master
Instructor**

☐

VIP

Applicant's Name

TKD Rank

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Age

Male / Female

Kukkiwon Dan No

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Address

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Street

City

State

Zip

Phone

Business Phone

--	--

Name of Master / Instructor

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Name of Taekwondo School

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I fully understand that Taekwondo is a contact martial art and therefore agree to absolve the Martial Arts of West End Inc. organization committee, its officials, and the participants from any and all liability.

Signature: _____ Date: _____
(If minor, parent or guardian must sign)

Mail to: Martial Arts of West End Inc.

10454 Ridgefield Pkwy, Henrico VA, 23233

Or email to: reception@mawestend.com

Must Received by May 4th, 2024

*2024 GTA-US
Taekwondo VA Regional Championships*

Official Coach Registration Form

Must include an ID size photo of yourself

Applicant's Name	TKD Rank

Age	Male / Female	Kukkiwon Dan No

Address			
Street	City	State	Zip

Home Phone	Business Phone

Name of Master / Instructor

Name of Taekwondo School

- ▶ Each Coach pass is \$35.00
 - ▶ Pick up coach passes at the registration desk

Mail To: Martial Arts of West End Inc.
10454 Ridgefield Pkwy
Henrico, VA 202333 - (804) 673 – 5200
**** Received by May 4th, 2024**

Also send your applications to Email: reception@mawestend.com

I fully understand that Taekwondo is a contact martial art and therefore agree to absolve the Martial Arts of West End Inc.'s organization committee, its officials, and the participants from any and all liability.

Signature: _____ Date: _____
(If minor, parent or guardian must sign)

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10454 Ridgefield Pkwy, Henrico VA 23233
Or email to: reception@mawestend.com

Must Received by May 4th, 2024

2024 GTA-US Taekwondo VA Regional Championships

The current USAT & WTF competition rules will govern this championship. The organizing committee may modify some rules to the local conditions. It also reserves the right to combine or divide weight categories depending on the size of the group.

Master and Referee Registration	Please complete the enclosed Master and Referee Attendance form and mail it as soon as possible, so that we may accommodate you to the best of our ability. For the safety of the competitors, only registered coaches, referees, and tournament personnel with appropriate passes will be allowed limited access to the competition floor.
Rules and Regulations	Current USAT/WTF rules and regulations will govern the championships with a few modifications to enhance the competition experience for all participants.
Mandatory Equipment	<ol style="list-style-type: none">1. V-neck or traditional Taekwondo Do-buk for all events. Black V-neck or traditional trimming allowed for black belt competitors only. <u>COMPETITORS WITH T-SHIRTS ARE NOT ALLOW!!!!</u>2. All competitors in the gyorugi competition event MUST supply their own safety equipment – WTF approved white head gear, white elastic (cloth) shin and in-step guard, forearm guard, WTF approved chest protector (both red and blue colors), protective groin guard (for male competitors), and a mouth piece.

Sparring Divisions

Gyorug (Free Sparring)	<ol style="list-style-type: none">1. All competitors must have headgear, chest protector, mouth guard, shin and in-step guard, forearm guard (fist or WTF qualified gloves), and groin protective cup (male competitor). <u>Any competitor without any of these required and mandatory pieces of equipment at the time of his/her match will be declared disqualified.</u>2. 2 round for all ages and all belts.3. 2 rounds for 14 and up. Black Belts final matches.
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***Any changes will be announced on the day of the competition.**

NOTE: **Controlled head kicks for the juniors (14 and older, however, if referees and judges feel an injury was due to a malicious attack, (with anger and intent to injure) the attacker will be disqualified.**

Sparring Divisions

Junior	Adult	Senior	Rank & Belt	Weight
4-5 6-7 8-9 10-11 12-13 14-15 16-17	18-34	35 & Older	Beginner (White, Yellow, Orange) Intermediate (Green, Blue, Purple) Advanced (Brown, High Brown, Red, High Red) Deputy Black Black Belt	Light Middle Heavy

1. Above divisions will be divided into male and female categories
2. All divisions are subject to change without notice
3. Exact weight breakdown will be announced on the day of the competitions.
4. The tournament committee reserves the right to combine or divide the categories if necessary.

All Poomsae (form) and All Kyuk-Pah (breaking)

Junior	Adult	Senior	Rank & Belt	Weight
4-5 6-7 8-9 10-11 12-13 14-15 16-17	18-34	35 & Older	Beginner (White, Yellow, Orange) Intermediate (Green, Purple, Blue) Advanced (Brown, High Brown, Red, High Red) Deputy Black Black Belt	N/A

1. Above divisions will be divided into male and female.
2. Awards for first, second, third places.
3. Tournament committee reserves the right to combine or divide the categories if necessary.

Poomsae (Form) Competition

Poomsae (Form) Competition

1. Any Taekwondo Forms (WTF, ITF)
2. All competitors must perform a Poomsae in accordance to their level of rank.
3. All competitors must start from the designated area (start/finish box) and finish in the same area.

SCORING

1. Scoring will be based on concentration, balance, focus, grace, strength, and understanding of the Poomsae (Correct and orderly execution of movements).
2. Three judges will score. In the event of a tie, the highest score will be dropped and the two remaining scores will be added to determine a winner.

Kyuk-Pah (Free Style Breaking)

Kyuk-Pah (Free Style Breaking)

1. Regulation breaking board sizes for this competition are as follows: Juniors, adults and seniors (age 13 & up) Children & little tigers (ages 12 & under) 12" X 4"X 0.5" pine.
2. Free Style, NO more than three stations and **WOOD** only!! Competitors must purchs their own boards at the competition.
(Boards will be for sale at the tournament).
3. Each competitor will be given thirty (30) seconds to set up and complete his/her routine. The clock will start as the contestant steps into the competition area.

SCORING

- 1 Scores will be based on the level of difficulty of techniques, power, accuracy, focus, creativity, and grace put into the routine. Degree of clean break and showmanship will also be taken into consideration.
- 2 Three judges will score. In the event of a tie, the highest score will dropped and the two remaining scores will be added to determine a winner.