



ATTN: ALL JUNIOR SAMURAI!

Yes, YOU!

This is Punchy the Glove speaking, and I want YOU to step up and take my Spring Break Challenge!

Just because we're on Spring Break doesn't mean the training stops! With discipline, a positive attitude, and a strong work ethic, we are going to get a lot of cool stuff done!

This challenge is only for the most SERIOUS Samurai students. Do you have what it takes to earn the SECRET STRIPE (oops.. I'm not really supposed to talk about that!)

It might not always be easy, but it's going to be worth it!

Now, I know you are probably really awesome at jiu-jitsu. Coach Jackson told me so -- and I'm super excited to hear that!

But our challenge is going to be a little different.

You see, I'm just a boxing glove. Well, not JUST a boxing glove.. I'm also somewhat of a poet, an actor, and I'm a lot of fun at Karaoke parties! I don't really know much about jiu-jitsu (it's hard to put people in your guard when your legs are just shoelaces) -- but if there's one thing I know, and know well, it's BOXING. You could say, I was made for it!

We are gonna be slipping and ripping, ducking and chucking, and throwing those combos right down the pipe!

Boxing is a SUPER cool martial art, just like Jiu-jitsu! And if you pay attention close enough, a lot of the important concepts are the same. Things like Balance, Posture, Angles, and Base! You remember those from Jiu-jitsu, right?

You'll be able to earn class credit towards your Jiu-jitsu progress stripes, in addition to red, blue, green, AND yellow stripes.

Actually, there's a rumor that there may actually be a super secret SPECIAL stripe for students who complete the ENTIRE CHALLENGE... at least, I think it's a stripe. But it's BIG. Really, really big. I don't know exactly what it is because I only saw it for a second, but it looked cool! I mean, super duper cool. I can't say too much about it though. It IS a secret, after all! And even I don't know all the details!

It's a Samurai Secret! And I'm just an old Boxing Glove that likes to sing karaoke and draw pictures of dogs and cats, so they don't tell me these things.

Ok ok, enough about the stripes. Let's get down to business!

First, you're gonna have to learn how to stand in your perfect stance. I've asked my super close buddy, Coach Jackson, to help demonstrate all this stuff for me. He'll be taking over in the videos, but since this is "Punchy's Spring Break Boxing Challenge," I'm still in charge :)

Make sure to watch the introduction video, then let's get started on our first lesson -- STANCE!

Yours Truly,



Punchy The Glove