



# CLASS SCHEDULE

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203 HIGHPOINTE DRIVE SEVEN FIELDS, PA 16046

<b>TIGERS (4-6 year olds)</b>	ZOOM (30 min.)					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
White, Turtle & Orange	4:15 – 4:45		5:30 – 6:00	12:30 – 1:00 5:00 – 5:30		9:00 – 9:30
Tiger, Yellow & Cheetah		5:00 – 5:30	4:15 – 4:45	12:30 – 1:00 5:30 – 6:00		9:30 – 10:00
Camo thru Panther		5:00 – 5:30	4:15 – 4:45	12:30 – 1:00 5:30 – 6:00		9:30 – 10:00

<b>KARATE KIDS (7-12 year olds)</b>	ZOOM (30 min.)					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
White, Orange & Yellow		5:30 – 6:15	6:00 – 6:45	4:15 – 5:00		10:00 – 10:45
Camo, Green, Purple & Blue	4:45 – 5:30	4:15 – 5:00	6:45 – 7:30			10:45 – 11:30
Brown, Red & 1BR	5:30 – 6:15		4:45 – 5:30	6:45 – 7:30		11:30 – 12:15
Black Belts	7:00 – 7:45	6:15 – 7:00		6:00 – 6:45		12:15 – 1:00
Leadership	6:15 – 7:00	7:00 – 7:45				

<b>Teens &amp; Adults</b>	ZOOM (30 min.)					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
All Ranks	7:45 – 8:30	7:45 – 8:30	7:30 – 8:15	1:00 – 1:45		
Sparring			8:15 – 8:45			
Leadership				7:30 – 8:15		