



# CRANBERRY ATA MARTIAL ARTS

**\*Schedule is Subject to Change\***

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203 Highpointe Dr. Seven Fields, PA 16046

## CLASS SCHEDULE

**Live ZOOM classes will be held alongside in-person classes on: Monday, Tuesday, Wednesday & Thursday**

| <b>TIGERS (4-6 year olds)</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b>               |        |              |
|-------------------------------|---------------|---------------|---------------|-----------------------------|--------|--------------|
|                               | Monday        | Tuesday       | Wednesday     | Thursday                    | Friday | Saturday     |
| White, Turtle, Orange & Tiger | 4:15 – 4:45   |               | 5:45 – 6:15   | 12:30 – 1:00<br>5:00 – 5:30 |        | 9:00 – 9:30  |
| Yellow & Cheetah              |               | 5:00 – 5:30   | 4:15 – 4:45   | 12:30 – 1:00<br>5:45 – 6:15 |        | 9:45 – 10:15 |
| Camo thru Panther             |               | 5:00 – 5:30   | 4:15 – 4:45   | 12:30 – 1:00<br>5:45 – 6:15 |        | 9:45 – 10:15 |

| <b>KARATE KIDS (7-12 year olds)</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> |        |               |
|-------------------------------------|---------------|---------------|---------------|---------------|--------|---------------|
|                                     | Monday        | Tuesday       | Wednesday     | Thursday      | Friday | Saturday      |
| White, Orange & Yellow              |               | 5:45 – 6:15   | 6:30 – 7:00   | 4:15 – 4:45   |        | 10:30 – 11:00 |
| Camo, Green, Purple & Blue          | 5:00 – 5:30   | 4:15 – 4:45   | 7:15 – 7:45   |               |        | 10:30 – 11:00 |
| Brown, Red & 1BR                    | 5:45 – 6:15   |               | 5:00 – 5:30   | 7:15 – 7:45   |        | 11:15 – 11:45 |
| Black Belts                         | 7:15 – 7:45   | 6:30 – 7:00   |               | 6:30 – 7:00   |        | 12:00 – 12:30 |
| Leadership                          | 6:30 – 7:00   | 7:15 – 7:45   |               |               |        |               |

| <b>Teens &amp; Adults</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> | <b>*ZOOM*</b> |        |          |
|---------------------------|---------------|---------------|---------------|---------------|--------|----------|
|                           | Monday        | Tuesday       | Wednesday     | Thursday      | Friday | Saturday |
| All Ranks                 | 8:00 – 8:30   | 8:00 – 8:30   | 8:00 – 8:30   | 1:15 – 1:45   |        |          |
| Leadership                |               |               |               | 8:00 – 8:30   |        |          |