Choosing Safer Activities

Accessible link: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html

Masking requirements have been lifted at *Millennium Martial Arts LLC*Proceed at your own risk.

	Unvaccinated People	Examples of Activities	Fully Vaccinated
-	9	Outdoor Walk, run, wheelchair roll, or bike outdoors with members of your household	People
Safest		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	9
Less	9	Dine at an outdoor restaurant with friends from multiple households	9
Least		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
Indoor			
		7.27.21 CDC has stated vaccinated individuals may want to mask indoors.	
		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Millennium Martial Arts LLC follows the state and local guidance of AzDHS. Based on the CDC guidance shown above, please be advised, we will <u>not</u> be checking the vaccination status of students or their families. Each family will need to proceed based on their own chosen precautions. The cleaning protocols we've been following remain in place.

