MENTOR ATA MARTIAL ARTS AND KARATE FOR KIDS

1900 Mentor Ave, Painesville Twp, OH • (440) 354-9944 •. info@MentorATA.com • www.MentorATA.com

Class Schedule Effective: 02/28/22

Students can attend a maximum of 2 classes each week • Please arrive no earlier than 5 minutes before your class



Tiny Tiger (ages 4 to 6) White, Orange & Yellow Belts

MONDAY 4:00-4:30 PM TUESDAY 4:45-5:15 PM WEDNESDAY 5:30-6:00 PM THURSDAY 4:45-5:15 PM SATURDAY 9:45-10:15AM



Tiny Tiger (ages 4 to 6) Camo, Green, Purple, & Blue Belts

TUESDAY 5:30-6:00 PM WEDNESDAY 4:45-5:15 PM THURSDAY 4:00-4:30 PM SATURDAY 9:00-9:30 AM



Karate Kids (ages 7 to 12) White, Orange & Yellow Belts

MONDAY 4:45-5:15 PM THURSDAY 6:15-6:45 PM FRIDAY 5:00-5:30 PM SATURDAY 10:30-11:00 AM



Karate Kids (ages 7 to 12) Camo, Green, Purple, & Blue Belts

MONDAY 5:30-6:00 PM TUESDAY 4:00-4:30 PM WEDNESDAY 6:15-6:45 PM SATURDAY 11:00-11:30 AM



Karate Kids Brown & Red Belts

MONDAY 6:15-6:45 PM WEDNESDAY 4:00-4:30 PM THURSDAY 5:30-6:00 PM SATURDAY 11:30-12:00 PM



Karate Kids Red/Black Belts

TUESDAY 6:15-:7:00 PM WEDNESDAY 7:00-7:45 PM FRIDAY 4:00 -4:45 PM SATURDAY 12:00-12:30 PM



Karate Kids 1st Degree Black Belts

TUESDAY 6:15-7:00 PM WEDNESDAY 7:00-7:45 PM FRIDAY 4:00-4:45 PM SATURDAY 12:00-12:30 PM



Karate Kids 2nd/3rd Degree Black Belts

MONDAY 7:00-7:45 PM THURSDAY 7:00-7:45 PM FRIDAY 5:45-6:30 PM SATURDAY 12:45-1:15 PM



Competition/Leadership Classes

FRIDAY Competition 6:30-7:30 PM SATURDAY Leadership 1:15-2:00 PM

*Competition/Leadersjp Membership Only



Teen/Adults Color Belts

MONDAY 7:45-8:30 PM TUESDAY 12:00-12:45 PM WEDNESDAY 7:45-8:30 PM THURSDAY 12:00-12:45 PM 7:45-8:30 PM



Teen/Adults Black Belts

MONDAY 7:45-8:30 PM TUESDAY 12:00-12:45 PM 7:00-7:45 PM WEDNESDAY 7:45-8:30 PM THURSDAY 12:00-12:45 PM 7:45-8:30 PM



Adult Sparring Class

(does not count towards weekly class total)

TUESDAY 7:45-8:45 PM