



HAMBURG LEXINGTON: CLASS SCHEDULE

Goal is Min. 2x Per Week



Monday	Tuesday & FB Live Classes	Wednesday	Thursday & FB Live Classes	Friday	Sat.
After School/SC 4 PM,4:30 PM	After School/SC 4 PM,4:30 M	After School/SC 4 PM,4:30 PM	After School/SC 4 PM,4:30 PM	After School/ SC 4 PM,4:30 PM	Birthday Parties 11 AM
Karate Kids Ages 8-12 Underbelts 5:00 PM	Dragons Ages 5-7 30 min. Underbelts 5:00 PM	Karate Kids Ages 8-12 5:00 PM	Dragons Ages 5-7 30 min. Underbelts 5:00 PM	Little Ninjas 3/4 Yr. olds 5:00 PM 30 min.	Birthday Parties 1 PM
Black Belt Club 5:45 PM	Black Belt Club 5:30 PM	Black Belt Club 5:45 PM	Black Belt Club 5:30 PM	BBC Compe- tition/Demo Team 5:30 PM 1st Fri of Month	
Dragons Ages 5-7 30 min. Underbelts 6:00 PM	Karate Kids Ages 8-12 5:45 PM	Dragons Ages 5-7 30 min. Underbelts 6:00 PM	Karate Kids Ages 8-12 5:45 PM	Family Class All Ranks 6:15 PM	
Teen/Adult All Ranks 6:30 PM	Teen/Adult All Ranks 6:30 PM	Teen/Adult All Ranks 6:30 PM	Teen/Adult All Ranks 6:30 PM	Private Lessons	
Private Lessons	Fitness Kickboxing 7:15 PM	Instructor Training EIT 7:30 PM	Fitness Kickboxing 7:15 PM		

“We are Elite!” 30 Min Class if 4 or Less