

道場

Dojo Karate Monticello

monticello@dojokarate.com

763-295-4919

空手

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Master Instructor Master Zepeda Head Instructor Belle Schmidt	10:00-11:00 Adult Kickboxing	Instructor Mr. Moran	10:00-11:00 Adult Kickboxing	Assistant Instructors Mr. Stahlback Ms. Cotten Effective November 7th 2022	10:00-10:30 Mighty Dragons/Tigers
	11:00-11:30 Mighty Dragons/Tigers		11:00-11:30 Mighty Dragons/Tigers		Intro Class
	11:30-12:00 All Juniors		11:30-12:00 All Juniors		10:40-11:10 New Students/White/Gold/Green Jr
	12:00-12:30 All Adults		12:00-12:30 All Adults		Intro Class
					11:20-11:50 Purple & Above Jr
					11:50-12:20 All Belts Adults
4:30-5:00 Mighty Dragons/Tigers	4:15-4:45 New Student/White/Gold Jr	4:30-5:00 Mighty Dragons/Tigers	4:15-4:45 New Student/White/Gold Jr	4:30-5:00 Mighty Dragons/Tigers	
Intro Class	Intro Class	Intro Class	Intro Class	5:00-5:15 Leadership & Masters Class	Mighty Tiger & Dragon Program Ages 3-5 2 classes per week
5:10-5:40 New/White/Gold/Green Jr	4:55-5:25 Green/Purple Jr	5:10-5:40 NewStudents/White/Gold Jr	4:55-5:25 Green/Purple Jr	5:15-5:45 Junior Sparring	
Intro Class	Intro Class	Intro Class	Intro Class	ALL EQUIPMENT REQUIRED	
5:50-6:20 Purple Thru Red Jr	5:35-6:05 Mighty Dragons/Tigers	5:50-6:20 Green/Purple Jr	5:35-6:05 Mighty Dragons/Tigers	5:45-6:15 Weapons Masters Class	
6:20-6:50 Grappling Jr & Adult	Intro Class	6:20-6:50 Blue Thru Red Jr	Intro Class		
6:50-7:20 Adv Red & Above Jr	6:15-6:45 Blue Thru Red Jr	6:50-7:35 Adv. Red and Above Jr. & Adult	6:15-6:45 Blue Thru Red Jr		
7:20-7:50 All Adults	6:45-7:15 Adv Red and Above Jr. & Adult	7:35-8:05 New Student-Red Adults	6:45-7:15 Adv Red and Above Jr & Adult		
7:50-8:35 Kickboxing	7:15-7:45 New Students-Red Adults		7:15-7:45 All Black Belts		
	7:45-8:15 Adults Sparring		7:45-8:15 New Student-Red Adults		
	ALL EQUIPMENT REQUIRED				
Like us on Facebook/Follow us on Instagram - Dojo Karate Monticello  					
Graduation Day First Tuesday of the month No regular classes that day!					

