

Dojo Karate - MAPLE GROVE 763-955-3656



MR. MORSE 3rd Degree Black Belt

DOJ0

Karate

Monday
<u>Instructors</u>
Ms. Fuhrman
Mr. Stennes
Mr. Finnestad
Mr. Christy
Mrs. Hoff
Mr. Hubbard

Mrs. Morrill

Tuesday
Intro / Private class
11:30
All Adults
12:30
All Juniors

Wednesday
Kickboxing
Master Falenschek
<u>Ground Self Defense</u> Mr. Peterson

Thursday
Intro / Private class
11:30
All Adults
12:30
All Juniors

Friday
<u>Junior Instructors</u>
Mr. McGuire
Ms. Schlegel
Mr. Klinkner

Private Lessons
Intro / Private class

Mighty Dragons & Tigers

5:15
White & Gold
Junior
5:45
Green Thru Adv. Blue
Junior

6:15 Red & Above Junior White & Above Adult

Ground Self Defense Masters Only

Black Belt Class
8:15
Black Belt Sparring
8:45
Leadership
Master's Only
9:30
Sparring
Junior Green & Above
10:30
Mighty Dragons & Tgers
11:15
White & Gold
Junior
11:45
Bo & Exodus
Master's
12:15
Advanced Training & Pre-test

Adults

Saturday

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3:30
Private Lessons
Intro / Private class
4:30
Mighty Dragons & Tigers
5:15
Gold
Junior
5:45
Green
Junior
6:15
Purple & Blue
Juniors
6:45
Red & Above Pad Drills
Masters & BBC Only
7:15
White
Junior
8:00
White & Above
Adult

Open Training Intro / Private class 4:30 Mighty Dragons & Tigers 5:15 White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult 8:15
4:30 Mighty Dragons & Tigers 5:15 White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Mighty Dragons & Tigers 5:15 White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
5:15 White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
White Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Junior 5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
5:45 Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Gold Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Junior 6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
6:15 Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Green Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Junior 6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
6:45 Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Purple & Blue Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
Junior 7:15 Red & Above Juniors 7:45 White & Gold Adult
7:15 Red & Above Juniors 7:45 White & Gold Adult
Red & Above Juniors 7:45 White & Gold Adult
Juniors 7:45 White & Gold Adult
7:45 White & Gold Adult
White & Gold Adult
Adult
8:15
Sparring
Everyone

3.30
Private Lessons
Intro / Private class
4:15
Mighty Dragons & Tigers
5:00
Red & Above
Junior
5:30
Purple Thru Blue
Junior Pads & Sparring Drills
6:00
Green
Junior Pads & Sparring Drills
6:30
White & Gold
Juniors
7:00
Kickboxing
Masters Only
8:00
White & Above
Adult

1	4:00
	Open Training
1	Intro / Private class
	4:30
	Mighty Dragons & Tigers
	5:15
	White
	Junior
	5:45
	Gold
	Junior
	6:15
	Green
	Junior
	6:45
	Purple Thru Adv. Blue
	Junior
	7:15
	Red & Above
	Junior Pre-test
	8:15
	White & Above
	& Pretest

Hands and Foot Pads are required every class.

Graduation is the 1st Thursday of every month. All graduation fees are due before that day. Hand and Foot Pads are required. Check your handbook for specific requirements.

NEW STUDENTS START HERE

Uniform

\$25

Starter's Program 2 classes per week



4 classes per week Earn your Black Belt!! Sparring Classes

Master's Program



Unlimited Classes Black Uniform Weapons Training Advanced Martial Arts Training Leadership Training