

Dojo Karate Buffalo 763-684-1000



For Kids, For Adults, For Life!

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|
| Head Instructor | | Assistant Teenage Instructor | | Kickboxing Instructor | |
| Master Hourscht 6th Degree | 11:30 Red thru Black Juniors / All Adults | Mr. Hicks 2nd Degree Assistant Team Members | 11:30 Red thru Black Juniors / All Adults | Master Falenschek 5th Degree | 9:00 Mighty Dragons / Tigers |
| <u>Assistant Juniors</u> G. Jarl 2nd Degree | 12:15 MT/MD White thru Blue | Ms. Saewert 3rd Degree Mr. Hillukka 3rd Degree | 12:15 MT/MD White thru Blue | | All 9:30 |
| Mr. Phillips 1st Degree Mr. Hourscht 1st Degree Caden Blow Brown | Juniors | E. Jarl 2nd Degree Ms. Schmidt Adv. Brown | Juniors | 4:00 Intro / Private Class 4:15 | No / White / Gold Belts Juniors 10:00 |
| eddon blow blown | | Effective Date 9/7/2021 | | Mighty Dragons / Tigers All 4:45 White thru Adv. Blue Juniors | Sparring Class Green & Above / Everyone 10:45 Character Building Masters Club |
| 4:15 All Mighty Dragons / Tigers 4:45 No / White Belts Juniors | 4:15 All Mighty Dragons / Tigers 4:45 Green / Purple / Blue Juniors | 4:15 All Mighty Dragons / Tigers 4:45 Red and Above Everyone | 4:15 All Mighty Dragons / Tigers 4:45 Red and Above Everyone | 5:15 Tricks & Tumbling Masters Club 5:45 Instructor Training Masters Club | 11:00 Weapons Class Masters Club 11:30 Advanced Training All Adults Welcome |
| 5:15 Gold & Green Everyone 5:45 Purple & Blue Everyone | 5:15 No / White / Gold Juniors 5:45 Advanced Weapons Masters Club | Sparring Drills 15min 5:45 Green / Purple / Blue Juniors 6:15 No / White / Gold | 5:15 No / White / Gold Juniors 5:45 Green / Purple / Blue Everyone | 6:00 Red and Above / Adults Everyone Sparring Drills 15min | |
| 6:15 Kickboxing Juniors Masters Club 6:45 Red and Above | 6:15 Red and Above Everyone Sparring Drills 15min 7:15 | Juniors 6:45 Adv. Brown / Black Belts Masters Club 7:30 | 6:15 Black Belts Masters Club 7:00 Kickboxing | | Black Belt Club 4 Classes Per Week Earn Your Black Belt Sparring Classes |
| Everyone 7:30 Kickboxing Adults Masters Club 8:15 | All Adults/ Family 8:00 Sparring Adults | All Adults/ Family Sparring Drills 15min | Masters Club Kickbox Sparring 15min 8:00 All Adults/ Family | Ground Class Equipment Required Cardio Shirt, Grappling Gi and Camo Belt | Master Club Unlimited Classes Ground & Kickboxing Classes Advanced Weapons Training Advanced Sparring Training |
| All Adults / Family Sparring Drills 15min | ook - Doio Karat | o Ruffalo | | Kickboxing Class Equipment Required Cardio Shirt, Karate Pants Belt, Kickboxing Gloves Hand Wraps and Foot Pads | Birthday Parties NOW TAKING RESERVATIONS |
| Like us on Facebook - Dojo Karate Buffalo Follow us on Instagram - @dojokarate.buffalo | | | Graduation is held the 2 | nd Thursday of every month | |
| www.dojokarate.com | | | Grad fees must be | Classes that Day paid before graduation are required at graduation | |