Dojo Karate - Rogers 763-425-2900

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 White thru Black ALL AGES		11:00 White trhru Black ALL AGES		7:45
	Appointment Required		Appointment Required		Adult Fitness Kickboxing
Graduation is the third Tuesday of the month, all classes cancelled All grad fees due before graduation. Hand and Foot Pads are required.					Introductory Class
					9:00
					Mighty Dragons / Tigers
Introductory Class	Introductory Class	Introductory Class	Introductory Class	Introductory Class	Sanitation Break
4:30	4:30	4:30	4:30	4:30	
Mighty Dragons / Tigers	Mighty Dragons / Tigers	Mighty Dragons / Tigers	Mighty Dragons / Tigers	White thru Purple Belt EVERYONE	9:45 White, Gold & Green
Sanitation Break	Sanitation Break	Sanitation Break	Sanitation Break	5:00 Blue & Above	Juniors Sanitation Break
5:15	5:15	5:15	5:15	EVERYONE	Sanitation Break
Purple, ALL Blue & Red	Adv. Red & Above	White, Gold & Green	Purple, ALL Blue & Red	Arrive early to stretch	10:30
Juniors	Juniors	Juniors	Juniors	Sanitation Break	Sparring
Sanitation Break	Sanitation Break	Sanitation Break	Sanitation Break	Sumouvon Broun	Green & Above Juniors
				5:45	11:15
6:00	6:15	6:00	6:00	Grappling	Character Building & Leadership
White, Gold & Green	Purple, ALL Blue & Red	Adv Red & Above	Adv. Red & Above	ALL Master's Club Members	ALL Master's Club Members
Juniors	Juniors	Juniors	Juniors	6:15	11:45
Sanitation Break	Sanitation Break	6:45	Sanitation Break	Kicks, Tricks & Tumbling	WEAPONS
		EXODUS & BO		ALL Master's Club Members	ALL Master's Club Members
6:45	7:00	7:00	7:00	Sanitation Break	
Adv. Red & Above	White, Gold & Green	Purple, ALL Blue & Red	White, Gold & Green		
Juniors	Juniors	Juniors	Juniors	7:00	
7:30 EXODUS & BO	Sanitation Break	Sanitation Break	Sanitation Break	Fitness Kickboxing ALL Master's Club Members	
7:45	7:45	7:45	7:45		
White thru Black Belt	White thru Black Belt	White thru Black Belt	White thru Black Class / Sparring		
ALL ADULTS	ALL ADULTS	ALL ADULTS	ALL ADULTS	CC Al 1 -	0 0000
Effective January 3rd, 2022					

ective January 3rd, 2022

Mighty Tigers & Dragons Ages 3-5yr

<u>Basic Program</u> 2 classes per week



Master's Program

Unlimited Classes Black Uniform Weapons Training Advanced Martial Arts Training Leadership Training

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