

Dear _____,

Today's ELF SKILLZ Lesson is all about Cooperation – Getting Ready for Bed!

Cooperation means that you work together with others and help without complaining.

It's important to have cooperation at home, especially when getting ready for bed.

Let's try a game to see if you know how to cooperate at bedtime!

Do you have cooperation if...

- You complain about brushing your teeth because you are too tired?
- You brush your teeth all on your own?
- You leave your dirty clothes on the floor when you put your pajamas on?
- You help clean up all your toys before you go to bed?

Today I challenge you to cooperate by getting ready for bed all on your own, and do so without complaining.

*If you accomplish this task, then I will leave you with **one last prize before Christmas!***

