



Austin Karate Academy Tournament Script for Forms

How to enter ring, introduce yourself and do your form in any tournament:

1. Bow at the edge of the ring towards the judges.
2. Run to stand 3-5 feet in front of the Judges, bow to the judges and then go to Choon Bee (ready stance).
3. Begin your verbal introduction. Repeat this script in a loud clear voice:
Judges, my name is <your name>.
I train at the Austin Karate Academy in Austin, Texas.
My Instructor is Mr. Dave Mukherjee.
With your permission I would like to perform <form you are performing>.
Judges, may I begin?
4. You will then bow to the judges and step back to the spot where you will begin your form. Do not turn your back to the judges.
5. Once at your spot, bow to the judges and go to Choon Bee.
6. Perform your form and then go to Choon Bee to wait for scoring by the judges.
7. After scoring, bow to the judges and walk backwards to the end of the ring.
8. Step out of the ring and bow towards the judges.
9. Raise right hand into fist and then yell out "Tang Soo". Then walk back to sit with the rest.