



TAEKWONDO LIFE SKILLS



KICK IT KING GEORGE
Unit #107 - 13631 80th Ave
Surrey BC V3W 3C3
778-895-5425

<https://www.kickitbc.com/>

KICK IT PANORAMA
15141 56 Ave
Surrey BC V3S 9A5
604-372-2822

<https://kickitelearning.ca/>

Excellent Kids (4-6) - Children (ages 7-12)

KG (King George Location) / Pano (Panorama Location)

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (KG only)	Sunday (KG only)
Open		3:15pm		3:15pm		Meditation 10am	
Excellent Kids	4pm-4:45	4pm-4:45	4pm-4:45	4pm-4:45	4pm-4:45	12:20-1:00 EK	12:20-1:00 EK
White/Yellow Orange Belt	4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45 Leadership	11:30-12:15 teen adult /sparring	1130-12:15 teen adult/ sparring
Green/Blue Brown Belt	4:45-5:30	4:45-5:30	4:45-5:30	4:45-5:30	4:45-5:30 Leadership	1:00-1:45 Yellow and Up	1:00-1:45 Yellow and up
Brown/Red Black Belt	5:30-6:15	5:30-6:15	5:30-6:15	5:30-6:15	5:30-6:15 Leadership	1:45-2:20 EK	1:45-2:20 EK
Excellent Kids/	6:15-6:50	6:15-6:50	6:15-6:50	6:15-6:50	6:15-6:50 Leadership		
Beg WYO	6:50-7:35	6:50-7:35	6:50-7:35	6:50-7:35	6:50-7:35 Leadership	2:30-3:30 Instructor Training	2:30-3:30 Thinking Into Results
Teen/Adult Classes (Ages 13+)							
Adults	7:30	7:30	7:30	7:30	7:30 -RED	11:30am	11:30am
Family Classes							
Family All Belt	6:50 or 7:30pm	6:50 or 7:30pm	6:50 or 7:30pm	6:50 or 7:30pm	6:50 or 7:30pm	11:30am	11:30am
All Black Belts							
All Black Belts	730	730	730	730	730	11:30am	

Pricing for Taekwondo Programs

Yearly payment 2 days \$1850 3 Days \$2400
6 month Payment 2 days \$1000 3 Days \$1250

Additional Add- On Programs

Leadership -Mastery : \$1200 yearly

Family of 2 2 Days \$210 each
Taekwondo 3 Days \$315
Taekwondo 2 Days: \$230

Thinking Into Results (Mastery)

	Pano Weekend
Excellent Kids	9:15AM (Sat) 10AM (Sun)
Beg	10:00AM(Sat)
Leadership	2:30 (KG only)
All Ages	10:45AM (Sat)



Registration Questionnaire

Name: _____ Age: _____ Phone: _____

Guardian(s) if applicable: _____

1) Which of the following life skills are you interested in building on for yourself or your child?

(Please circle those that apply)

Focus	Balance	Communication	Teamwork	Fitness
Discipline	Respect	Coordination	Positive	Attitude

Other areas you would like to improve on? _____

2) How many days a week are you wanting to train? (Please circle those that apply)

1 day / 2 days / 3 days / 4 -5 days/ Unlimited Other: _____

3) What would you be interested in? (Circle those that apply)

Private classes Semi-private classes Group lessons

4) Would you be interested in a short-term program or long-term success?

Monthly 6 Months Yearly

Other: _____

5) What sports are you or your child involved in? _____

6) Do you have other siblings or friends that would be interested in Kick-it? Friends that train

together have more fun! _____

7) Have you or your child trained in Martial Arts before? If so, how was your experience?

8) We offer a Leadership Program, is this something you or your child would be interested in?

YES NO MAYBE

9) We offer discounted programs if you pay for 6 months to a year at a time. Is that of interest

to you? YES NO Maybe Later

10) Which programs would you be interested in?

Leadership / Tae Kwon Do / Excellent Kids / 10X Fitness

