

# MAT



# CHAT

## SELF-CONFIDENCE

This project is meant to teach your students how to build self-confidence through goal setting. The idea is for each student to recognize their talents and also ways to become more talented. With your support, each child should feel more self-confident after this project is complete..

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_\_\_

THINGS THAT I'M GOOD AT ...	THINGS I WANT TO BE BETTER AT ...

I would like to become better at the above things by this date: \_\_\_\_\_

I have accomplished my goals:

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

