



# RESPECT

## WEEK 1: RESPECT OVERVIEW

### AGE-SPECIFIC MAT CHAT FOR AGES 3 & 4

#### **OPENING DISCUSSION:**

“Do you know what respect means? Respect means to be nice to others and to have good manners. When you have good manners, you are showing others that you respect them, and people will like you more when you show respect.”

#### **Let's try a quiz to help you understand respect!**

#### **Are you showing respect if:**

- You say thank you when someone gives you something?
- You say please when you ask for something?
- You tell someone that you do not like their shirt?
- You hold the door open for someone else?

#### **FINISHING THE MAT CHAT:**

“I want everyone to go home and practice respect this week. Use good manners at the dinner table and always say please and thank you. Your family will be very proud of the respect you show the..”