



TEAMWORK

WEEK 1: TEAMWORK OVERVIEW

AGE-SPECIFIC MAT CHAT FOR AGES 5-7

OPENING DISCUSSION:

“Do you know what the word teamwork means? It means that you work together without fighting or arguing. If you can work well with others, then you will have more friends and fun in life. You will also accomplish more when you show good teamwork with others.”

Let’s answer a few questions to see if you have good teamwork! Are you showing teamwork if:

- You are cleaning the house with your brother and you fight over who gets to use the vacuum cleaner?
- You help your friend clean his room after playing together all day?
- Your dad asks you to feed the dog, but you don’t because it’s not your turn?
- You help clean the dishes after dinner?

TIP: Tell the kids that you are VERY proud of them because they understand how to have teamwork.

FINISHING THE MAT CHAT:

“I want everyone to go home and practice teamwork this week. If you see something that needs to be cleaned at home, then do it without being told. Clean your room without being told. Also, help your friends when they ask for your help. Your friends and family will be very happy that you have great teamwork skills!”