



# TEAMWORK

## WEEK 1: TEAMWORK OVERVIEW

### AGE-SPECIFIC MAT CHAT FOR AGES 3 to 5

#### OPENING DISCUSSION:

“Do you know what the word teamwork means? It means that you share with your friends and family and you also take turns without getting angry or upset. What you are kind enough to share and take turns with others, you are showing them that you like them and that you are a good person.”

**Let’s try a quiz to help you understand teamwork! Are you showing teamwork if:**

- Your friend wants to play with your favorite toy and say “no!”
- Your friend accidentally leaves his lunch at home so you share your lunch with him?
- You start crying because you want to have the first piece of your friend’s birthday cake?
- You are making homemade cupcakes and you let your little brother lick the bowl first?

***TIP: Tell the kids that you are VERY proud of them because they know how to have teamwork.***

#### FINISHING THE MAT CHAT:

“I want everyone to go home and practice teamwork this week. If someone wants to play with your toys, let them without getting angry or upset. If you are playing a game that requires you to take turns with others, let someone else go first. This will show your friends and family that you care about them.”