



INTEGRITY

WEEK 1: INTEGRITY OVERVIEW

AGE-SPECIFIC MAT CHAT FOR AGES 12+

OPENING DISCUSSION:

“Tell me your definition of the word integrity. (*ask two students to describe in their own words what integrity means*) Explain that integrity means: to adhere to moral and ethical principles, particularly when making independent choices. For example: you have integrity if you refuse to shoplift or steal. You grow up faster if you make all of your choices based on what is morally and ethically right.”

Let's try a quick quiz to help you understand how to act with integrity!

What would you do?

- Your friend finds a way to shoplift at a local clothing store without getting caught. He asks you if you want to help. Would you:
 - Say yes, but only if there is absolutely no way that you will get caught?
 - Tell your friend no because it is morally wrong to steal from others?
- Your classmate shows you a way to cheat on your math exam. Would you:
 - Say yes, but only if there is absolutely no way that you will get caught?
 - Tell your classmate no because it is ethically wrong to cheat?

Finishing the mat chat:

“This week I want you to practice acting with integrity. Every time you have to make an independent choice, make sure you ask yourself if it is morally and/or ethically right. Independent choices are choices that you are in control of. For example: lying, cheating, stealing are all independent choices that you make on your own. The important people around you will show you more and more respect the more you show integrity in your choices.”