



INTEGRITY

WEEK 1: INTEGRITY OVERVIEW

AGE-SPECIFIC MAT CHAT FOR AGES 5-7

OPENING DISCUSSION:

"Do you know what integrity means? Integrity means that you are truthful and respectful. For example: if you are nice to other people and you don't tease others because you know it's wrong, then you have integrity. Having integrity is a great way to show your parents that you care about other people."

Let's answer a few questions about integrity! Is this an act of integrity?

- You accidentally step on a classmate's foot, so you quickly apologize?
- You don't like your neighbor so you ignore her when she waves to you?
- You choose not to tease your classmate because you know it's the wrong thing to do?
- You broke your glasses so you hide them so that your parents don't find out?

Finishing the mat chat:

"I want everyone to go home and practice having integrity this week. Make good choices, and treat others the way you want to be treated. Having integrity is one of the best character traits you can have."