



INTEGRITY

WEEK 1: INTEGRITY OVERVIEW

AGE-SPECIFIC MAT CHAT FOR AGES 3 & 4

OPENING DISCUSSION:

“Do you know what integrity means? Integrity means that you tell the truth, even if it means that you’ll get in trouble. For example: if you break a vase when your parents weren’t watching, you have integrity if you tell them the truth. Your parent’s will be very proud of you if you always have the integrity to tell the truth.”

Let’s try a quiz to help you understand integrity!

Do you have integrity if:

- You don’t want to go to school today and you pretend that you’re sick?
- You spilled milk on the floor and instead of walking away, you cleaned it up?
- You accidentally wrote on the wall with a marker so you quickly hide it so that your parents don’t see?

Finishing the mat chat:

“I want everyone to go home and practice having integrity this week. Make sure you tell the truth, even if it means that your parents won’t be happy. It’s better to tell the truth then to lie and get caught later. Showing integrity is a great way to make your parents very proud.”