



# Goal Setting

## WEEK 3 PROJECT: GOAL SETTING

### GOAL SETTING AT-HOME WORKSHEET

Student name: \_\_\_\_\_ Age: \_\_\_\_\_

Step 1: Define the goal you want to achieve:

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Step 2: Outline the steps needed to achieve your goal:

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Step 3: Write out the possible roadblocks and ways of dealing with them:

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Step 4: Set the deadline for completing the goal:

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Step 5: Bring this sheet back once it's complete for a special character reward.

