



# Goal Setting

## WEEK 3 PROJECT: GOAL SETTING

### GOAL SETTING AT-HOME WORKSHEET

In this project the students are going to follow a “goal setting” worksheet at home. If they turn it in before the deadline, they will earn a special stripe, prize or star patch for their uniform.

#### Steps:

1. Pass out the at-home worksheet.
2. Review the worksheet with the class.
3. Here are a few additional details for each age group:
  - 3 to 5 year olds will need someone to help them complete this worksheet.
  - 7+ year olds should tackle a more challenging goal.
4. When they turn in their worksheet, give them a special character award.  
For example:
  - Special character stripe that they must earn in order to test.
  - Special prize from the ninja bucket.
  - Special character patch for their uniform.

This project is meant to teach your students how to apply this month’s character lesson at home. Encourage parent participation. Your students will build a good habit of goal setting with a structured outline to follow