



# CHARISMA

## WEEK 2: CHARACTER DRILL ON CHARISMA

### AGE-SPECIFIC MAT CHAT FOR AGES 7+

#### **DRILL: CREATE A STORY**

“If you can engage in a conversation without being shy then that means you have charisma. In fact, the more enthusiasm you have, the more charisma you are projecting toward others. In this drill, we are going to practice having charisma by telling a funny story while not being afraid to make up part of the story and also by adding enthusiasm while we tell the story.”

#### **Steps:**

- Choose one person to go first. The person will enthusiastically begin the story with a funny opening. For example: “Once upon a time in a village called Mars, there was this ninja who was very, very tiny.”
- Each student will add a sentence to the story while adding enthusiasm. For example: “But the tiny ninja was 10 times stronger than any other ninja in the village.”
- Continue until each student has had a turn. The last student will have to add a sentence to end the story. For example: “After the tiny ninja saved the village he went to Disney World to celebrate!”
- Remember to make this drill fun. The goal is for everyone to participate with enthusiasm, which is what charisma is all about. If a student is very shy or too stubborn to add enthusiasm, redirect the rest of the class by adding a funny sentence. For example: “And the ninja was sad to see his fellow ninja friend was so shy, so he promised his ninja friend that he would continue to be his friend and help him to build up his charisma.”