



TEAMWORK

WEEK 2: CHARACTER DRILL ON TEAMWORK

AGE-SPECIFIC CHARACTER DRILL FOR AGES 8 to 12

DRILL: PASS THE BALL

"When you have teamwork, you know how to have great sportsmanship. In this drill, you are going to play a competitive game against an opponent while showing great sportsmanship."

Steps:

1. Divide your class into two teams. You will need two medium-sizes balls, one for each team.
2. Give the last person in each line a ball.
3. When you say "go" the teams will follow these rules:
 - The last person in line will pass the ball forward all the way to the first person in line.
 - The first person in line will race to the end of the line and pass the ball forward.
 - They will continue the process until every student has a turn to race to the end of the line.
4. The line will sit as soon as the last person is through.
5. The line that is the fastest is the winner.
6. The team that loses must not show any signs of bad sportsmanship. If so, the entire team must do 10-push-ups.
7. The winning team must also not show any signs of bad sportsmanship. If so, then the entire team must do 10-push-ups.