

# PROGRAM SCHEDULE

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Effective: July 7, 2025

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	
<u>Tough Tigers</u> (4 - 6 years old)	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm	Tough Tigers	9:00 - 9:45am
<u>Kids Judo</u> (7+ Years Old)	5:00 - 6:00pm	6:00 - 7:00pm	5:00 - 6:00pm	6:00 - 7:00pm	Kids Judo	10:00 - 11:00am
<u>Jr. Force &amp; Advanced Judo</u>	6:00 - 7:00pm	6:00 - 7:00pm	6:00 - 7:00pm	6:00 - 7:00pm	Teens/Adults	10:00 - 11:00am
<u>Teens/Adults</u>	7:00 - 8:00pm	-	7:00 - 8:00pm	-	-	-
<u>Team Force &amp; Advanced Adults</u>	8:00 - 9:00pm	7:00 - 8:30pm	8:00 - 9:00pm	7:00 - 8:30pm	-	-