



U.S. World Class Taekwondo Tigard

www.MartialArtsTigard.com

(503)968-0500

admin@martialartstigard.com

Winter/Spring Schedule - 2026 (effective from January 5th)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00pm - 4:40pm TT, White, Yellow	4:00pm - 4:30pm Little Dragons (3-4yrs)	4:00pm - 4:40pm TT, White, Yellow	4:00pm - 4:30pm Little Dragons (3-4yrs)		9:00am - 9:40am Yellow - Black
4:45pm - 5:25pm Orange - Blue	4:35pm - 5:15pm Red - Black	4:45pm - 5:25pm Orange - Blue	4:35pm - 5:15pm Red - Black	4:35pm - 5:15pm Yellow - Green	9:45am - 10:25am Poomsae Review
5:30pm - 6:10pm Red - Poom	5:20pm - 6:00pm TT, White, Yellow	5:30pm - 6:10pm Red - Poom	5:20pm - 6:00pm TT, White, Yellow	5:20pm - 6:00pm Purple - Black	
6:15pm - 6:55pm Black Belt Only	6:05pm - 6:45pm Orange - Blue	6:15pm - 6:55pm Black Belt Only	6:05pm - 6:45pm Orange - Blue	6:05pm - 6:55pm Elite Team Training	
	6:50pm - 7:30pm Teens Class (All Belts)		6:50pm - 7:30pm Teens Class (All Belts)		

Please note that White Belt classes are only 30 minutes long. Yellow Belts stay an additional 10 minutes.
 *** Poom Belts can attend any lower belt class***

The Poomsae Review Class is open to Poom and Black Belts. It is a seasonal class that will go from January 9th to March 7th.

USWC Taekwondo Tigard - Member App Instructions



Step 1: Download **Spark Member** App from the App Store

Step 2: Follow the prompts.

***** It is very important to use the same email we have for you on file. You will have a temporary password set to your email. You **must** use the email on file with the student in order to link it with your account. *****

Studio ID: 1629

Step 3: Take a moment to explore all of the great things you can do with this app.

- * Stay up-to-date with all upcoming events on the Dashboard.
- * Check-out your curriculum under the curriculum tab.
- * View our class schedule
- * Sign-up for events

Find studios near me:

NEXT