



# U.S. World Class Taekwondo Tigard

[www.MartialArtsTigard.com](http://www.MartialArtsTigard.com)

**(503)968-0500**

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## Winter/Spring Schedule - 2026 (effective from January 5th)

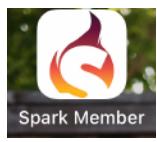
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00pm - 4:40pm TT, White, Yellow	4:00pm - 4:30pm Little Dragons (3-4yrs)	4:00pm - 4:40pm TT, White, Yellow	4:00pm - 4:30pm Little Dragons (3-4yrs)		9:00am - 9:40am Yellow - Black
4:45pm - 5:25pm Orange - Blue	4:35pm - 5:15pm Red - Black	4:45pm - 5:25pm Orange - Blue	4:35pm - 5:15pm Red - Black	4:35pm - 5:15pm Yellow - Green	9:45am - 10:25am Poomsae Review
5:30pm - 6:10pm Red - Poom	5:20pm - 6:00pm TT, White, Yellow	5:30pm - 6:10pm Red - Poom	5:20pm - 6:00pm TT, White, Yellow	5:20pm - 6:00pm Purple - Black	
6:15pm - 6:55pm Black Belt Only	6:05pm - 6:45pm Orange - Blue	6:15pm - 6:55pm Black Belt Only	6:05pm - 6:45pm Orange - Blue	6:05pm - 6:55pm Elite Team Training	
	6:50pm - 7:30pm Teens Class (All Belts)		6:50pm - 7:30pm Teens Class (All Belts)		

\*\*\*Please note that White Belt classes are only 30 minutes long. Yellow Belts stay an additional 10 minutes.\*\*\*

\*\*\* Poom Belts can attend any lower belt class\*\*\*

\*\*\*The Poomsae Review Class is open to Poom and Black Belts. It is a seasonal class that will go from January 9th to March 7th.\*\*\*

## USWC Taekwondo Tigard - Member App Instructions



**Step 1:** Download **Spark Member** App from the App Store

**Step 2:** Follow the prompts.

\*\*\*\*\* It is very important to use the same email we have for you on file. You will have a temporary password set to your email. You **must** use the email on file with the student in order to link it with your account. \*\*\*\*\*

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USWC Taekwondo Tigard (Tigard)

**NEXT**

**Step 3:** Take a moment to explore all of the great things you can do with this app.

- \* Stay up-to-date with all upcoming events on the Dashboard.
- \* Check-out your curriculum under the curriculum tab.
- \* View our class schedule
- \* Sign-up for events

**Studio ID: 1629**