

PARENT/GUARDIAN LETTER

OCTOBER

week 1

“IT IS ONLY IN OUR DECISIONS
THAT WE ARE IMPORTANT.”
- JEAN-PAUL SARTRE

week 2

“A WISE MAN MAKES
HIS OWN DECISIONS; AN
IGNORANT MAN FOLLOWS
THE PUBLIC OPINION.”
- GRANTLAND RICE

week 3

“NEVER MAKE A NEGATIVE
DECISION IN THE LOW
TIME. NEVER MAKE
YOUR MOST IMPORTANT
DECISIONS WHEN YOU ARE
IN YOUR WORST MOODS.
WAIT. BE PATIENT. THE
STORM WILL PASS.”
- ROBERT H. SCHULLER

week 4

“NOBODY EVER DID, OR
EVER WILL, ESCAPE THE
CONSEQUENCES OF HIS
CHOICES.”
- ALFRED A. MONTAPERT

DECISIONS

DECISIONS ARE THE CHOICES WE MAKE EVERY DAY.

Dear parents and/or guardians...

This month, we are learning about the importance of Decisions. Our on-the-mat discussions will focus on both the critical thinking skills required to make good decisions and the consequences of our decisions – good or bad – for ourselves and others. Children need to learn the importance of decision-making, as they will only face more and more difficult and important decisions as they grow up.

HOW CAN YOU HELP?

- Help your children develop critical thinking skills. If you catch them misbehaving or about to misbehave, turn it into a conversation exploring the consequences of poor decision making.
- Example:

Parent: Were you about to practice kicking in the living room?

Child: Maybe... I'm sorry.

Parent: It's great that you want to practice, but you know you need to go outside. What might happen if you kicked inside?

Child: You tell me that I might knock over the lamp.

Parent: And what would happen if you did that?

Child: I would break it.

Parent: And you would have to buy a new lamp with your allowance money. And in the meantime, the living room would be too dark for us to read in. Also, I would be hurt that you had not listened to me.

Child: I'm sorry. I'll go practice outside.

Parent: Good decision!

