

PARENT/GUARDIAN LETTER

SEPTEMBER

week 1

“BIG SHOTS ARE ONLY
LITTLE SHOTS WHO
KEPT SHOOTING.”
- CHRISTOPHER MORLEY

week 2

“IF YOU’RE WALKING
DOWN THE RIGHT PATH
AND YOU’RE WILLING
TO KEEP WALKING,
EVENTUALLY YOU’LL MAKE
PROGRESS.”
- BARACK OBAMA

week 3

“IT’S NOT THAT I AM
SMART, IT’S JUST
THAT I STAY WITH
PROBLEMS LONGER.”
- ALBERT EINSTEIN

week 4

“THERE ARE NO SECRETS
TO SUCCESS. IT IS THE
RESULT OF PREPARATION,
HARD WORK, AND
LEARNING FROM FAILURE.”
- COLIN L. POWELL

PERSEVERANCE

PERSEVERANCE MEANS THAT WE DON'T GIVE UP, ESPECIALLY WHEN THINGS GET TOUGH! THIS IS AN IMPORTANT PROBLEM-SOLVING SKILL, BECAUSE WITHOUT PERSEVERANCE, WE COULD NEVER GET ANYTHING DONE.

Dear parents and/or guardians...

This month we are learning about perseverance, or not giving up when situations become difficult. This is an important skill for children to learn at a young age when they are more prone to frustration and outbursts in the face of problems. Students are encouraged to practice perseverance in martial arts where they must learn new skills daily. There are many ways they can practice perseverance in their daily lives, too.

HOW CAN YOU HELP?

- Encourage your students to continue their martial arts training, as well as any other hobbies they are seriously involved in.
- Help your students practice martial arts at home.
- Help your child with their homework, but do not do it for them. Allow them to figure out as much as they can on their own without your intervention.
- Do not scold your child for getting frustrated or upset when faced with challenges they can not immediately resolve. Instead, use positive encouragement, for example: “I know this is difficult for you, but I know you can do it if you don't give up.”

