

BLACK BELT EXCELLENCE



Monthly Theme:
CREATIVITY

WHAT IS CREATIVITY?

Creativity is the process by which one utilizes their creative ability. It is the ability to take something that has already been made, such as a product, rule, pattern or method and create a new idea from the old one.

Creativity comes from your imagination and to give your imagination a boost, brainstorming with your friends and family can help you become even more creative.

Your brain needs exercise just like your body to keep it fit. Being creative as much as possible is exercise for the brain.

MONTHLY ACTIVITY:

Parents please help your child with the following activity:

Ask your child to draw inside the circle, imagine you've been chosen to design a brand-new martial arts patch for your school. Think about what colors would make your patch stand out, how you might redesign the logo, and what symbols or details would show off your creativity.

This month my son/daughter has demonstrated both at home and at school those qualities of responsibility required by the school for students seeking to earn their Black Belt Excellence Stripe.

Student's Name: _____

Student's Belt Rank: _____

Parent's Signature: _____

REQUIREMENTS OF THE BLACK BELT EXCELLENCE STRIPE

- Black Belt behavior at home
- Black Belt behavior and passing grades at school
- Overall performance and attendance at the karate school
- Completion of the monthly Excellence sheet.
- Returning the Excellence sheet to your instructor on time.

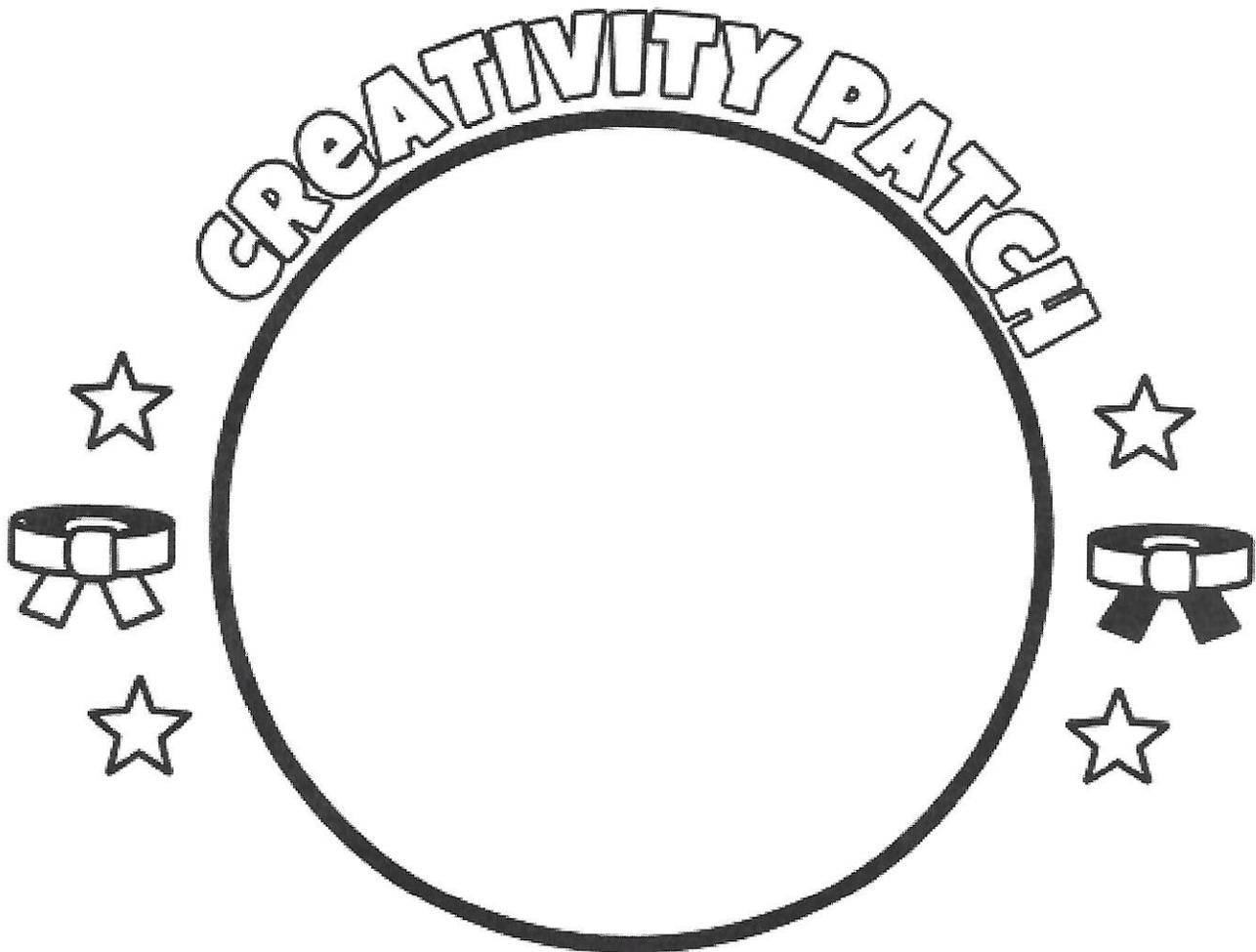
DUE THE THIRD WEEK OF FEBRUARY

Remember these sheets are your responsibility not your parents' Late work sheets will not be accepted.

NAME: _____

Word of the Month: **CREATIVITY**

creativity is important in martial arts



Patch Name: _____

My patch shows creativity because...

