



...Cultivating high character in the lives of individuals
Based on Grand Master Chuck Norris' Code of Ethics

(Value #3) I will always be in a positive frame of mind and convey this feeling to every person that I meet.

“MOTIVATION”

March 2026



MOTIVATION

In 1883, a creative engineer named John Roebling was inspired by an idea to build a spectacular bridge connecting New York with the Long Island. However bridge building experts throughout the world thought that this was an impossible feat and told Roebling to forget the idea. It just could not be done. It was not practical. It had never been done before. Roebling could not ignore the vision he had in his mind of this bridge. He thought about it all the time and he knew deep in his heart that it could be done. He just had to share the dream with someone else. After much discussion and persuasion he managed to convince his son Washington, an up and coming engineer, that the bridge in fact could be built. Working together for the first time, the father and son developed concepts of how it could be accomplished and how the obstacles could be overcome. With great excitement and inspiration, and the headiness of a wild challenge before them, they hired their crew and began to build their dream bridge. The project started well, but when it was only a few months underway a tragic accident on the site took the life of John Roebling. Washington his son was injured and left with a certain amount of brain damage, which resulted in him not being able to walk or talk or even move.

"We told them so."

"Crazy men and their crazy dreams."

"It's foolish to chase wild visions." Everyone had a negative comment to make and felt that the project should be scrapped since the Roeblings were the only ones who knew how the bridge could be built. In spite of his handicap Washington was never discouraged and still had a burning desire to complete the bridge and his mind was still as sharp as ever. He tried to inspire and pass on his enthusiasm to some of his friends, but they were too daunted by the task. As he lay on his bed in his hospital room, with the sunlight streaming through the windows, a gentle breeze blew the flimsy white curtains apart and he was able to see the sky and the tops of the trees outside for just a moment. It seemed that there was a message for him not to give up. Suddenly an idea hit him. All he could do was move one finger and he decided to make the best use of it. By moving his finger, he slowly developed a code of communication with his wife. He touched his wife's arm with his finger, indicating to her that he wanted her to call the engineers again. Then he used the same method of tapping her arm to tell the engineers what to do. It seemed foolish but the project was under way again. For 13 years Washington tapped out his instructions with his finger on his wife's arm, until the bridge was finally completed. Today the spectacular Brooklyn Bridge stands in all its glory as a tribute to the triumph of one man's indomitable spirit and his determination not to be defeated by circumstances. It is also a tribute to the engineers and their team work, and to their faith in a man who was considered mad by half the world. It stands too as a tangible monument to the love and devotion of his wife who for 13 long years patiently decoded the messages of her husband and told the engineers what to do. Perhaps this is one of the best examples of a never-say-die attitude that overcomes a terrible physical handicap and achieves an impossible goal. *Often when we face obstacles in our day-to-day life, our hurdles seem very small in comparison to what many others have to face. The Brooklyn Bridge shows us that dreams that seem impossible can be realized with motivation, determination and persistence, no matter what the odds are.*

Must return by this due date

3/20/2026

Remember these sheets are your responsibility not your parents'. Late work sheets will not be accepted.



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Please answer the following questions about MOTIVATION:

This month my son/daughter has demonstrated both at home and at school those qualities of MOTIVATION required by PCMA

Student's Name
Dated this ___ day of
Belt Rank
Parent Signature

Championship Martial Arts
CHUCK NORRIS SYSTEM Values
Curriculum Students

- * Responsible behavior at home.
*Responsible behavior and passing grades at school.
*Overall performance and attendance in CKD classes.
*Completion of the monthly Values activity on time.

We must have a dream that motivates us.
No one has ever achieved anything without
A dream attached to a burning desire.
We must learn how-to-learn, and be taught.
We must learn from failure and learn how to bounce back from failure.
No one ever succeeds without failure.

Write down three personal dreams that motivate you toward success in your American Martial Arts training.

- 1.
2.
3.

Write down three personal dreams that motivate you toward success at school or work.

- 1.
2.
3.

Write down three special people that motivate you in a positive way toward your dreams.

- 1.
2.
3.

Have you ever motivated anyone in a positive way?

How did you motivate them? What did you say? How did it make them feel? How did it make you feel?

Four horizontal lines for writing an answer.

What motivated and inspired Washington to complete the bridge project in the story?

Two horizontal lines for writing an answer.

**Your task this month: challenge yourself to stay motivated toward your dreams, no matter how big the obstacles. To motivate everyone around you and everyone you meet in a positive way.