

# Championship MARTIAL ARTS

## "CHUCK NORRIS SYSTEM"

### Values Curriculum



*...Cultivating high character in the lives of individuals*

*Based on Grand Master Chuck Norris' Code of Ethics*

**January 2026**

*(Value #1) I will develop myself to the maximum of my potential in all ways.*

### **DEDICATION**

**Definition:** The trait of sincere and steadfast fixity of purpose; exhibited by a person of energy and commitment.

When you think about dedication, think about the great inventor Thomas Edison.

He had a reputation as a successful inventor even before the light bulb. A news reporter noticed he hadn't come out with anything new in quite some time, and asked what he was working on.

"I'm making light through electricity so we no longer need to depend on lamps and candles."

"Wow," the reporter thought, "what a great invention." "Have you been successful yet?" he asked.

"No, not yet. I've tried over 3,000 ways, but none of them works."

"Doesn't this frustrate you? Why not give up and move on to something else?" he was asked.

Thomas Edison replied, "Well the way I see it, I'm still ahead of the game, because I know 3,000 ways that DON'T WORK. So I'm much closer than anyone else to the way that DOES WORK."

You may be able to relate to Thomas Edison when you feel like you have "tried everything" when it comes to your goals and you're ready to give up. Like him, you should be glad, because now you know everything that doesn't work, and are much closer to *SUCCESS*.

Once you have set your goals in Chun Kuk Do, school, business, and in life, dedication is a key factor for success. Some people believe only in luck. You might have heard such a person say something like, "It is not my day!" or "Just my luck!" They get used to blaming everything and everybody but themselves for their failures and lack of fortune, instead of understanding the simple truth that our "luck" really comes from what we think and do.

Negative thoughts and disbelief accompanied by an absence of desire will result in a "BAD DAY" and "NO LUCK" in nearly anyone! On the other hand, **POSITIVE THINKING** accompanied by **DEDICATION** and the persistent action of a strong will to achieve your goals will break down any obstacle along the path to *SUCCESS*.

This month my son/daughter has demonstrated both at home and at school those qualities of **DEDICATION** required by Championship Martial Arts.

Student's Name \_\_\_\_\_

Dated this \_\_\_\_ day of \_\_\_\_\_

Parent \_\_\_\_\_

#### **Requirements for Championship Martial Arts Values Curriculum Students**

- \* Responsible behavior at home.
- \* Responsible behavior and passing grades at school.
- \* Overall performance and attendance in CNS classes.
- \* Completion of the monthly Values activity.

CHAMPIONSHIP MARTIAL ARTS

# CHAMPIONSHIP MARTIAL ARTS "CHUCK NORRIS SYSTEM" Values Curriculum

Must return by this due date

1/31/2026

Remember these sheets are *your* responsibility not your parents'. Late work sheets will not be accepted.

Write down three personal goals to better your education or job performance:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Write down three personal goals to better yourself:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

How will your *dedication* help you become successful in accomplishing the goals you've written above?

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What *dedicated* action can you take **TODAY!** to better your chances of success toward your goals?

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How will your *dedication* to your martial arts training help your friends and family members?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Tell about a time in your life when you had to be *dedicated* in order to succeed:

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