



KID KICK SKILL SHEET

Word of the Month

You are already responsible in many ways. This week, your goal is to practice being responsible consistently. You may find that being responsible is much easier once it becomes a pattern.

Give yourself a checkmark each day you successfully accomplish the task:

Wake up on time for school:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Get ready for school:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Pay attention all day in school:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Hang up clean clothes at the end of the day:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Put dirty clothes in the hamper at the end of the day:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Complete any homework:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Do one thing that will make your room cleaner:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su

Do one thing that will make another room in your home cleaner:

☐ M ☐ T ☐ W ☐ Th ☐ F ☐ S ☐ Su