



PARENT/GUARDIAN LETTER

week 1

**"ACCEPT RESPONSIBILITY FOR YOUR
LIFE. KNOW THAT IT IS YOU WHO WILL
GET YOU WHERE YOU WANT TO GO, NO
ONE ELSE."
- LES BROWN**

week 2

**"YOU MUST TAKE PERSONAL
RESPONSIBILITY. YOU CANNOT
CHANGE THE CIRCUMSTANCES, THE
SEASONS, OR THE WIND, BUT YOU CAN
CHANGE YOURSELF."
- JIM ROHN**

week 3

**"IT IS ONLY WHEN YOU TAKE
RESPONSIBILITY FOR YOUR LIFE THAT
YOU DISCOVER HOW POWERFUL YOU
TRULY ARE."
- ALLANAH HUNT**

week 4

**"YOU CAN'T ESCAPE THE
RESPONSIBILITY OF TOMORROW BY
EVADING IT TODAY."
- ABRAHAM LINCOLN**



Dear parents and/or guardians...

This lesson plan covers responsibility. This is a crucial trait for children to develop in order to be functional, successful, and stable adults. These lessons cover responsibility in thoughts (realizing that you are, to a degree, in charge of your emotions and perception of the world) and actions. The former must be built internally; the latter can be built with external assistance.

- Remember that "Because I said so" isn't a compelling reason for why your children must do/ not do something. Explain the consequences or outcomes that make doing something necessary.
- As much as possible, allow them to make their own choices.
- Allow them to fail. Shielding them from all negative repercussions of their behavior/actions will stunt the development of their responsibility.

RESPONSIBILITY
**RESPONSIBILITY MEANS
KNOWING THAT WE CONTROL
OUR THOUGHTS AND ACTIONS.**

HOW CAN YOU HELP?

- Give children age-appropriate tasks that help the whole family. It will be easier for them to see a clear benefit when they are not the only one depending on it (for example, if your child does not care if they have a messy room, they may not see why keeping it clean is a worthwhile responsibility). Instead, let them be in charge of keeping a shared area clean, remembering to feed the dog, watering a household plant, etc. (Of course, you can still insist that they clean their room!)

