

BLACK BELT EXCELLENCE



Monthly Theme:
RESPONSIBILITY

WHAT IS RESPONSIBILITY?

A responsibility is something you are expected to do. A responsibility might be a task you are expected to do. For example, your parents expect you to brush your teeth. Brushing your teeth is "a responsibility" and it is your responsibility to brush your teeth every day.

You are already responsible in many ways. This week, your goal is to practice being responsible consistently. You may find that being responsible is much easier once it becomes a pattern.

MONTHLY ACTIVITY:

Parents please help your child with the following activity:

Have your child color the martial artist's uniform and add their martial art school logo. Have them write on the picture one sentence that pertains to responsibility.

This month my son/daughter has demonstrated both at home and at school those qualities of responsibility required by the school for students seeking to earn their Black Belt Excellence Stripe.

Student's Name: _____

Student's Belt Rank: _____

Parent's Signature: _____

REQUIREMENTS OF THE BLACK BELT EXCELLENCE STRIPE

- Black Belt behavior at home
- Black Belt behavior and passing grades at school
- Overall performance and attendance at the karate school
- Completion of the monthly Excellence sheet.
- Returning the Excellence sheet to your instructor on time.

DUE THE THIRD WEEK OF SEPTEMBER

Remember these sheets are your responsibility not your parents' Late work sheets will not be accepted.

Name: _____



Start **HELP ME GET TO MARTIAL ARTS CLASS ON TIME!**



RESPONSIBILITY



Directions:

Each student should make up a sentence about how they are responsible.



example : hang up your uniform every time you are done taking class.

Write your sentence on the above lines.

I am responsible when I show up on time for class.
The above is an example.

-Responsibility

Lesson Of The Month Worksheet