

Class Schedule

Class	Days	Time
Basic Group (5 & 6 yo)	Mon - Thur	4:00 - 4:30 pm
Youth 1 (7-12 yo)	Mon - Thur	4:35 - 5:15 pm
Youth 2	Mon - Thur	5:20 - 6:00 pm
Youth 3 (Advanced)	Mon - Thur	6:05 - 6:45 pm
Teens / Adult	Mon - Thur	6:50 - 7:30 pm
Krav Maga (Adults)	Mon / Wed	7:35 - 8:15 pm
Black Belt Class	Thursday	7:35 - 8:15 pm
Early Class (3 & 4 yo)	Wednesday	3:25 - 3:55 pm
Mini Skillz Class (18-36 mos)	Tuesday	3:25 - 3:55 pm