

CLASS SCHEDULE



DOWNLOAD THE SPARK
APP FOR EASY ACCESS TO
THIS SCHEDULE AND MORE!

EFFECTIVE SEPTEMBER 29, 2025

MON	TUE	WED	THU	FRI	SAT
RED BROWN POOM & BLACK BELTS 4:00-4:50 PM	WHITE & YELLOW BELTS 4:00-4:30 PM	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	BLACK BELT & MASTER CLUB 4:00-4:50 PM	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	NINJAS 9:15-9:45 AM
NINJAS 5:00-5:35 PM	ORANGE BELTS & ABOVE 4:45-5:35 PM	BLACK BELT & MASTER CLUB 4:45-5:30 PM	NINJAS 5:00-5:35 PM	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	WHITE & YELLOW BELTS 10:00-10:30 AM
WHITE & YELLOW BELTS 5:45-6:15 PM	NINJAS 5:45-6:15 PM	BASIC PROGRAM 5:45-6:15 PM	BASIC PROGRAM 5:45-6:15 PM	ALL BELTS SPARRING 5:45-6:30 PM	ALL MASTER CLUB & BLACK BELT CLUB WEAPONS CLASS 10:45-11:05 AM
ORANGE, GREEN, PURPLE & BLUE BELTS 6:20-7:05 PM	RED, BROWN, POOM & BLACK BELTS 6:20-7:10 PM	TEAM FORMS 6:25-7:10 PM	BLACK BELT CLUB & MASTER CLUB 6:20-7:05 PM	TEAM SPARRING 6:35-7:20 PM	BLACK BELT CLUB & MASTER CLUB 11:15-NOON
TEENS AND ADULTS 7:15-8:05 PM	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	TEENS AND ADULTS 7:15-8:05 PM	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	PRIVATE LESSONS AVAILABLE BY APPOINTMENT	PRIVATE LESSONS AVAILABLE BY APPOINTMENT



WE OFFER
PRIVATE
LESSONS!

WE HAVE THE
BEST
BIRTHDAYS!

SEE OUR
ACTIVITY
CALENDAR FOR
ALL OUR
ACTIVITIES!

CLASS REMINDERS:

MONDAYS AND TUESDAYS ARE CURRICULUM DAYS. FULL UNIFORM OF CHOICE IS REQUIRED. ON TIP TEST DAYS, WHITE UNIFORMS ONLY.

WEDNESDAYS AND THURSDAYS ARE THEME DAYS. U.S. WORLD CLASS TAEKWONDO T-SHIRT IS ALLOWED WITH UNIFORM PANTS. CLUB MEMBERS SHOULD BRING SPARRING GEAR AND WEAPONS ON BOTH DAYS.