

KARATE CHARLOTTE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (am)
 Karate Kubs (4-6)	4:00 - 4:30		4:30 - 5:00	4:30 - 5:00		
Jrs. White-Yellow 		6:00 - 6:30			6:00 - 6:30	9:00 - 9:30
Low Storm Team 	4:30 - 5:15		5:15 - 6:00		All Storm 4:15 - 5:00	10:30 - 11:15
High Storm Team 				5:00 - 5:45	OR 6:30 - 7:15	
Leadership	6:00 - 6:45					
Rec. Black Belts 		5:00 - 5:45	6:45 - 7:30		5:00 - 5:45	12:00 - 12:45
1st Degree's Juniors	5:15 - 6:00	4:15 - 5:00	6:00 - 6:45			11:15 - 12:00
2nd, 3rd, 4th Degree's				5:45 - 6:30		
Adult TKD	6:45 - 7:30	12:00 - 12:45				9:30 - 10:15
		6:30 - 7:15				
Weaponry				6:30 - 7:15		12:00 - 12:45
BJJ Juniors		5:00 - 5:45		5:00 - 5:45		9:15 - 10:00
BJJ Adults		6:30 - 7:30		6:30 - 7:30		8:00 - 9:00
Instructors	M. Streicher	Ms. Blakely	Ms. Sahana	Mr. Matthew	Mrs. Lee	

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