

Kang's Black Belt Academy
 18200-C Georgia Ave.
 Olney, MD 20832
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 www.kangs.ninja

Class Schedule

Effective March 1, 2025



Monday A Days - Curriculum	Tuesday	Wednesday B Days - Sparring	Thursday	Friday A Day - Curriculum	Saturday B Day - Sparring
Private Lessons Private Lessons are available at 3:15pm and 3:50pm Monday - Friday			**4:00 pm** Lil' Dragons		7:00 am Black Belt Fit
4:30 pm Lil' Dragons	4:30 pm Kid Tigers	4:30 pm Lil' Dragons	4:30 pm Kid Tigers	4:30 pm Lil' Dragons	8:00 am Adult/Teen/and Black Belt
5:00 pm Kid Tigers	5:10 pm Lil' Dragons	5:00 pm Kid Tigers	5:10 pm Sparring Beginners	5:00 pm Kid Tigers	9:00 am Lil' Dragons
5:40 pm Beginner TKD	5:40 pm TKD Intermediate/Advanced	5:40 pm Sparring Beginners	5:55 pm Sparring Intermediate	5:40 pm TKD Beginner TKD	9:30 am Kid Tigers
6:25 pm TKD Intermediate/Advanced	6:25 pm Beginner TKD	6:25 pm Black Belt Club Level 1 & Level 2	6:40 pm Sparring Advanced	6:25 pm Black Belt Club Level 1 & Level 2	10:10 am Sparring Beginners
7:10 pm Adult Black Belt Club	7:10 pm Leadership Club 1st, 3rd Competition Team 2nd, 4th	7:10 pm Sparring Intermediate/Advanced	7:25 pm Masters Club	7:10 pm TKD Intermediate/ Advanced/Black Belts	10:55 am Sparring Intermediate/Advanced
7:55 pm Adult/Teen/and Black Belt	7:55 pm Adult/Teen/and Black Belt	7:55 pm Adult/Teen/and Black Belt	8:05 pm Adult/Teen/and Black Belt		11:40 am BBC Level 2/ Masters Club
Beginner TKD: White Belt through Gold Belt Intermediate TKD: Purple Belt through Brown Stripe Advanced/Blackbelt TKD: Brown Belt through Black Belt Black Belt Club/Masters Club/ITP/Demo Team: By Invitation Black Stripe/Black Belt Class: Special Black Belt Prep Class Adult Black Belt Club: Weapons Program for Adults (and Teens 14 & older who do not want to trick) Adult/Teen/Black Belt Class: All TKD Belt Levels for Adults and Teens; All Age Black Belts		Lil' Dragons: Ages 3-5 (Pre-School Age) Kid Tigers: Ages 6-8 Leadership Club meets the 1st and 3rd Tuesdays Demo Team meets the 2nd and 4th Tuesdays Demo Team also meets every Saturday		Formula For Success Attend one A Day and one B Day class each week.	
					12:25 pm Black Stripe/Black Belt Class
					1:10 pm Competition Team