

Fall 2026 though Spring 2027

***Effective August 31, 2026**

***Subject to change based on attendance.**

Start	Mon	Tues	Wed	Thurs	Fri	Sat
9:00						Teen/Adult Eskrima
10:30						Ages 4 & 5
11:15						Ages 6 - 8
12:00						Ages 9-13
3:30			Ages 4 & 5		Ages 4 & 5	
4:00	Ages 6 - 8	Ages 9-13	Ages 6 - 8	Ages 6 - 8	Ages 9-13	
4:45	Black Belt Club	Black Belt Club	Black Belt Club	Black Belt Club		
4:45					Ages 6 - 8	
5:15	Ages 9-13	Ages 4 - 8	Ages 9-13	Ages 9-13		
5:30					Teens & Black Belt Club	
6:00	Teen Martial Arts	Teens & Black Belts	Teen Martial Arts	Teens & Black Belts		
6:15					BJJ	
6:45	BJJ	JKD/FMA Kickboxing	Adult Eskrima	JKD/FMA Kickboxing		
7:45			BJJ			

***JKD/FMA Kickboxing= IMAF's blend of Jeet Kune Do & empty hand Eskrima (Filipino Martial Arts) striking skills**

*** BJJ = Brazilian Jiu Jitsu**

***Eskrima = Doce Pares Multi Style System**