

Homework Focus Chart

A simple at-home tool to build focus, effort, and follow-through during homework time.



Name: _____ Week of: _____

1 MY HOMEWORK MISSION

This week, I will focus on:

- | | |
|-------------------------------------|---|
| ☐ Math | ☐ Finish assignments |
| ☐ Reading | ☐ Review work |
| ☐ Writing | ☐ Other: _____ |
| ☐ Study time | |

2 FOCUS MEANS I CAN...

- | | | |
|---|----------------------------|--|
| 1 | Get my space ready | I have what I need before I start. |
| 2 | Start on time | I begin without too many reminders. |
| 3 | Stay with the task | I keep working and do not give up. |
| 4 | Ask for help the right way | I try first, then ask calmly if I need help. |
| 5 | Finish strong | I check my work and give my best effort. |

3 MY HOMEWORK CHART — I CAN DO THIS!

Color a star each day you show focus!

Day	Space Ready	Started On Time	Stayed With It	Asked for Help	Finished Strong	Parent Praise
Monday	☆	☆	☆	☆	☆	○
Tuesday	☆	☆	☆	☆	☆	○
Wednesday	☆	☆	☆	☆	☆	○
Thursday	☆	☆	☆	☆	☆	○
Friday	☆	☆	☆	☆	☆	○
Saturday	☆	☆	☆	☆	☆	○
Sunday	☆	☆	☆	☆	☆	○

4 WHEN I FINISH STRONG, I CAN CHOOSE:

- | | |
|--|--|
| ☐ Family game | ☐ Special time with Mom/Dad |
| ☐ Choose dinner | ☐ Play outside |
| ☐ Extra story | ☐ Other: _____ |

5 PARENT TIP

- Keep the work goal realistic.
- Praise effort and follow-through.
- Use the chart to build habits, not pressure.

➤ ★ ➤
Live a Life You Are Proud Of! ➤