

Respect at Home Worksheet

Practice respectful words, actions, and attitude with your family.



Name: _____

Week of: _____

1  **MY RESPECT GOAL**

This week, I will show respect by:


Kind words Good manners

Listening first Helping family


Taking care Other: _____

2  **RESPECT MEANS I CAN...**

| | | |
|----------|------------------------------|---------------------------------------------------|
| 1 | Use kind words | I speak kindly and use good manners. |
| 2 | Listen the first time | I look at the person talking and really listen. |
| 3 | Help my family | I do my part and take turns. |
| 4 | Take care of things | I clean up and treat belongings with care. |
| 5 | Make fair choices | I do what is right, even when no one is watching. |

3  **MY RESPECT CHART – I CAN DO THIS!** *Color a star each day you show respect!*


| Day | Kind Words | Good Listening | Helpful Action | Took Care of Things | Fair Choices | Parent Praise |
|-----------|------------|----------------|----------------|---------------------|--------------|---------------|
| Monday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Tuesday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Wednesday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Thursday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Friday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Saturday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |
| Sunday | ☆ | ☆ | ☆ | ☆ | ☆ | ○ |

4  **WHEN I EARN ____ STARS, I CAN CHOOSE:**

Pick a family game Choose dinner

Extra bedtime story Special time with Mom/Dad

Park/playground trip Other: _____

5  **PARENT TIP**

- Name the exact action you want to see.
- Praise respectful effort quickly.
- Connect respect to words, actions, and attitude.

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➤ *Live a Life You Are Proud Of!* ⚡