



# CLASS SCHEDULE

(Effective 6/14/25)



As of 6/14/25:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY*
		3 PM – 4 PM <b>STAFF MEETING</b>	3 PM – 4 PM <b>STAFF TRAINING</b>		
4:00 PM – 4:15 PM	4:00 PM – 4:45 PM (By Appointment Only) <b>PRIVATE LESSONS &amp; EVALUATION LESSONS</b>	4:00 PM – 4:30 PM: <b>KIDS – Level I</b> (White, Yellow, & Orange Belts)	4:00 PM – 4:15 PM (BREAK)	4:00 PM – 4:30 PM: <b>KIDS – Level II</b> (Purple, Blue, Green, & Green/Black Belts)	10:00 AM – 10:30 AM: <b>LITTLE DRAGONS</b>
4:15 PM – 4:30 PM			4:15 PM – 4:45 PM: <b>LITTLE DRAGONS</b>		
4:30 PM – 4:45 PM		4:30 PM – 5:00 PM: <b>KIDS PREMIUM TRAINING - B</b>		4:30 PM – 5:00 PM: <b>KIDS – Level III</b> (Brown Belts & above)	10:30 AM – 11:00 AM: <b>KIDS – Level I</b>
4:45 PM – 5:00 PM	4:45 PM – 5:15 PM: <b>KIDS – Level III</b> (Brown Belts & above)	5:00 PM – 5:30 PM: <b>KIDS – Level II</b> (Purple, Blue, Green, & Green/Black Belts)	4:45 PM – 5:15 PM: <b>KIDS – Level II</b> (Purple, Blue, Green, & Green/Black Belts)		11:00 AM – 11:30 AM: <b>KIDS – Level II</b>
5:00 PM – 5:15 PM				5:00 PM – 5:30 PM: <b>LITTLE DRAGONS</b>	
5:15 PM – 5:30 PM	5:15 PM – 5:45 PM: <b>KIDS – Level I</b> (White, Yellow, & Orange Belts)	5:30 PM – 6:00 PM: <b>LITTLE DRAGONS</b>	5:15 PM – 5:45 PM: <b>KIDS PREMIUM TRAINING - C</b>		
5:30 PM – 5:45 PM				5:30 PM – 6:00 PM: <b>KIDS – Level I</b> (White, Yellow, & Orange Belts)	11:30 AM – 12:15 PM: <b>ADULT BEGINNERS</b>
5:45 PM – 6:00 PM	5:45 PM – 6:15 PM: <b>KIDS PREMIUM TRAINING - A</b>	6:00 PM – 6:45 PM: <b>ADULT ADVANCED &amp; ADULT BLACK BELTS</b> (Brown Belts & Above)	5:45 PM – 6:15 PM: <b>KIDS – Level III</b> (Brown Belts & above)		
6:00 PM – 6:15 PM			6:15 PM – 6:45 PM: <b>KIDS – Level I</b> (White, Yellow, & Orange Belts)	6:00 PM – 6:45 PM: <b>ADULT BEGINNERS</b> (White, Yellow, & Orange Belts)	12:15 PM – 1:00 PM: <b>ADULT INTERMED.</b>
6:15 PM – 6:30 PM	6:15 PM – 6:45 PM: <b>KIDS – Level II</b> (Purple, Blue, Green, & Green/Black Belts)				
6:30 PM – 6:45 PM		6:45 PM – 7:30 PM: <b>ADULT ELITE TRAINING</b>	6:45 PM – 7:30 PM: <b>ADULT ADVANCED &amp; ADULT BLACK BELTS</b> (Brown Belts & Above)	6:45 PM – 7:30 PM: <b>ADULT PREMIUM TRAINING - B</b>	
6:45 PM – 7:00 PM	6:45 PM – 7:30 PM: <b>ADULT BEGINNERS</b> (White, Yellow, & Orange Belts)				
7:00 PM – 7:15 PM		7:30 PM – 8:15 PM: <b>ADULT PREMIUM TRAINING - A</b>	7:30 PM – 8:15 PM: <b>ADULT BEGINNERS</b> (White, Yellow, & Orange Belts)	7:30 PM – 8:15 PM: <b>ADULT INTERMEDIATE</b> (Purple, Blue, Green, & Green/Black Belts)	
7:15 PM – 7:30 PM					
7:30 PM – 7:45 PM	7:30 PM – 8:15 PM: <b>ADULT INTERMEDIATE</b> (Purple, Blue, Green, & Green/Black Belts)				
7:45 PM – 8:00 PM					
8:00 PM – 8:15 PM		8:15 PM – 9:00 PM: <b>ADULT BEGINNERS</b> (White, Yellow, & Orange Belts)	8:15 PM – 9:00 PM: <b>ADULT INTERMEDIATE</b> (Purple, Blue, Green, & Green/Black Belts)	8:15 PM – 9:00 PM: <b>ADULT ADVANCED &amp; ADULT BLACK BELTS</b> (Brown Belts & Above)	
8:15 PM – 8:30 PM	8:15 PM – 9:00 PM: <b>ADULT ADVANCED &amp; ADULT BLACK BELTS</b> (Brown Belts & Above)				
8:30 PM – 8:45 PM					
8:45 PM – 9:00 PM					

## ANNOUNCEMENTS:

As of 6/14/25:  
\* Moved Kids2 on Thursdays  
+ Added Kids3 on Thursdays

\* Saturday classes are subject to change and may be cancelled due to special events or holidays.

The highest compliment you could ever give us would be to **REFER A FRIEND** and/or leave us a **POSITIVE REVIEW/RECOMMENDATION**.

Please share your experience by leaving a positive review/recommendation on [Google](#)/[Facebook](#)/[Yelp](#), etc.

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Power-charge your martial arts training with a **Private Lesson** (30 & 60 min. available).  
See the Front Desk for Pricing List, and schedule directly with the Instructor.

★ Keep up-to-date with Announcements by joining our **Closed Facebook Group**.

