



DOJO

Dojo Karate - MAPLE GROVE 763-955-3656



Karate

MASTER MORSE
5th Degree Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Instructors <i>Ms. Schlegel</i> <i>Ms. Mathisen</i> <i>Mr. Reps</i> <i>Mr. Jenabzadeh</i>	Intro / Private class 11:30 All Adults & Purple & Above Jr's. 12:30 Mighty Dragons & Tigers White, Gold, Green Jr's.	Assistant Instructors <i>Ms. Kim</i> Office Assistant <i>Heidi Hughes</i>	Intro / Private class 11:30 All Adults & Purple & Above Jr's. 12:30 Mighty Dragons & Tigers White, Gold, Green Jr's.	Jr. Instructors <i>Ms. Shrestha</i> <i>Mr. Pedersen</i> <i>Ms. Garces</i> <i>Ms. Chouinard</i>	8:30 Staff Meeting All Staff & Jr. Instructors 9:00 Sparring Junior Green & Above 10:00 Leadership Masters Club 10:30 Mighty Dragons & Tigers 11:15 White & Gold Junior 11:45 Advanced Training Weapons & Exodus Adults & Masters
ASK ABOUT PRIVATE LESSONS					
4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	3:45 Open Training Intro / Private class 4:15 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	
5:15 Green & Purple Junior	5:15 White & Gold Junior	5:00 Red & Above Junior	5:15 White & Gold Junior	5:15 White, Gold, Green Junior	
5:45 Blue & Adv. Blue Junior	5:45 Green & Purple Junior	5:30 Blue & Adv. Blue Junior	5:45 Green & Purple Junior	5:45 Purple Thru Adv. Blue Junior	
6:15 White & Gold Juniors	6:15 Blue & Adv. Blue Junior	6:00 Green & Purple Junior	6:15 Blue & Adv. Blue Junior	6:15 Red & Above Junior White & Above Adult	
6:45 Red & Above Junior	6:45 Red & Above Junior	6:30 White & Gold Juniors	6:45 Red & Above	7:00 Black Belt Class	
7:15 Tricks & Tumbling Masters Club	7:30 White & Gold Adult	7:00 Kickboxing Masters Club	7:30 Ground Self Defense Masters Club		
7:45 White & Above Adult	8:00 Sparring Everyone	7:45 White & Above Adult	8:00 White & Above Adult & Pretest		

6/8/2026

Hands and Foot Pads are required every class.

DOJOKARATE.COM

**Graduation is the 1st Thursday of every month.
(No Evening Classes)**

**All graduation fees are due before that day. Hand
and Foot Pads are required.**

NEW STUDENTS START HERE

Basic Program
2 classes per week



Master's Program

Unlimited Classes
Black Uniform
Weapons Training
Advanced Martial Arts Training
Leadership Training