



DOJO

Dojo Karate - MAPLE GROVE 763-955-3656



Karate

MASTER MORSE
5th Degree Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Instructors</i> Ms. Schlegel Ms. Mathisen Mr. Reps Mr. Jenabzadeh	Intro / Private class 11:30 All Adults 12:30 All Juniors	<i>Assistant Instructors</i> Ms. Kim <i>Office Assistant</i> Heidi Hughes	Intro / Private class 11:30 All Adults 12:30 All Juniors	<i>Jr. Instructors</i> Ms. Shrestha Mr. Pedersen Ms. Garces Ms. Chouinard	8:30 Staff Meeting All Staff & Jr. Instructors 9:00 Sparring Junior Green & Above 10:00 Leadership Masters Club 10:30 Mighty Dragons & Tigers 11:15 White & Gold Junior 11:45 Bo & Exodus Masters Club 12:15 Advanced Training & Pre-test Adults
ASK ABOUT PRIVATE LESSONS					
4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	3:45 Open Training Intro / Private class 4:15 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	4:00 Open Training Intro / Private class 4:30 Mighty Dragons & Tigers	
5:15 Green & Purple Junior	5:15 White & Gold Junior	5:00 Red & Above Junior	5:15 White & Gold Junior	5:15 White, Gold, Green Junior	
5:45 Blue & Adv. Blue Junior	5:45 Green & Purple Junior	5:30 Blue & Adv. Blue Junior	5:45 Green & Purple Junior	6:00 Purple Thru Adv. Blue Junior	
6:15 White & Gold Juniors	6:15 Blue & Adv. Blue Junior	6:00 Green & Purple Junior	6:15 Blue & Adv. Blue Junior	6:30 Red & Above Junior White & Above Adult	
6:45 Red & Above Junior	6:45 Red & Above Junior	6:30 White & Gold Juniors	6:45 Red & Above Junior Pre-test	7:15 Black Belt Class	
7:15 Tricks & Tumbling Masters Club	7:30 White & Gold Adult	7:00 Kickboxing Masters Club	7:45 Ground Self Defense Masters Club		
7:45 White & Above Adult	8:00 Sparring Everyone	7:30 White & Above Adult	8:15 White & Above Adult & Pretest		

4/6/2026

Hands and Foot Pads are required every class.

DOJOKARATE.COM

**Graduation is the 1st Thursday of every month.
(No Evening Classes)**

**All graduation fees are due before that day. Hand
and Foot Pads are required.**

NEW STUDENTS START HERE

Basic Program
2 classes per week

Master's Program



Unlimited Classes
Black Uniform
Weapons Training
Advanced Martial Arts Training
Leadership Training