

Dojo Karate - MAPLE GROVE 763-955-3656

MR. MORSE 5th Degree Black Belt

Karate

Monday

Instructors Ms. Schlegel Mr. Reps Mr. Jenabzadeh Mrs. Morrill

Tuesday
Intro / Private class
11:30
All Adults
12:30
All Juniors

Tuesday	
Intro / Private class	
11:30	
All Adults	
12:30	
All Juniors	

Wednesday
Assistant Instructors
Rei Mathisen

Thursday
Intro / Private class
11:30
All Adults
12:30
All Juniors

Friday	
<u>Instructors</u>	
Ms. Kim	
Ms. Garces	
Mr. Pedersen	
Ms. Shrestha	
Ms. Chouinard	

9:00
Sparring
Junior Green & Above
10:00
Leadership
Masters Club
10:30
Mighty Dragons & Tigers
11:15
White & Gold
Junior
11:45
Bo & Exodus
Masters Club
12:15
Advanced Training & Pre-test
Adults
1:00 - 1:30
Open Mat
Anyone

Saturday

ASK ABOUT PRIVATE LESSONS

3:30
Private Lessons
Intro / Private class
4:30
Mighty Dragons & Tigers
5:15
Green & Purple
Junior
5:45
Blue & Adv. Blue
Junior
6:15
White & Gold
Juniors
6:45
Red & Above
Junior
7:15
Black Belt Class
Masters Club
7:45
White & Above

4:00
Open Training
Intro / Private class
4:30
Mighty Dragons & Tigers
5:15
White & Gold
Junior
5:45
Green & Purple
Junior
6:15
Blue & Adv. Blue
Junior
6:45
Red & Above
Junior
7:30
White & Gold
Adult
8:00
Sparring
Everyone

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3:30	1
Private Lessons	ı
Intro / Private class	
4:15	
Mighty Dragons & Tigers	ı
	ı
5:00	ı
Red & Above	ı
Junior	
5:30	
Blue & Adv. Blue	ı
Junior	
6:00	
Green & Purple	ı
Junior	
6:30	
White & Gold	ı
Juniors	ı
7:00	
Kickboxing	
Masters Club	
7:45	1
White & Above	I
Adult	

30113	
4:00	1
Open Training	l
Intro / Private class	1
4:30	1
Mighty Dragons & Tigers	ı
	l
5:15	ı
White & Gold	
Junior	ı
5:45	1
Green & Purple	
Junior	
6:15	1
Blue & Adv. Blue	
Junior	ı
6:45	1
Red & Above	
Junior Pre-test	l
7:45	l
Ground Self Defense	ı
Masters Club	
8:15	l
White & Above	I
Adult & Pretest	ı

3:30
Private Lessons
Intro / Private class
4:30
Mighty Dragons & Tigers
5:15
White, Gold, Green
Junior
5:45
Purple Thru Adv. Blue
Junior
6:15
Tricks & Tumbling
Masters Club
6:45
Red & Above Junior
White & Above Adult

9/2/2025

Hands and Foot Pads are required every class.

DOJOKARATE.COM

NEW STUDENTS START HERE

Adult

Basic Program 2 classes per week

Graduation is the 1st Thursday of every month. (No Evening Classes) All graduation fees are due before that day. Hand and Foot Pads are required.

Master's Program



Unlimited Classes Black Uniform Weapons Training Advanced Martial Arts Training Leadership Training