

Chon-Ji Academy of Martial Arts, Inc. Est. 1987

(201) 907-0020 | 422-424 Cedar Lane, Teaneck, NJ 07666 | mastercasser@chonjiacademy.com

FALL CLASS SCHEDULE – STARTS 8/31/26

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI/SAT	SUNDAY
<u>PLEASE ARRIVE ONLY 5 MINUTES EARLY!</u>	Come to class ready to rock ‘n roll!	BE COACHABLE!	Together Everyone Accomplishes More	Stay Humble: Help Others Succeed!	Become Relentless!	“You don’t know what you can do, until you try.”
Ninja Jrs. Kindergarteners	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	Closed	Closed
Impact Team Training (by invitation only)	5:45-6:00pm	5:45-6:00pm	5:45-6:00pm	5:45-6:00pm		
Martial Arts For Kids Tae Kwon Do, Jiu-Jitsu, Krav Maga for: 1 st to 6 th grades	6:00-6:45pm by age & ability	6:00-6:45pm by age & ability	6:00-6:45pm by age & ability	6:00-6:45pm by age & ability		
Kids’ Sparring Practice Beginners – Gloves Intermediates – Full Gear	6:45-7:00pm	6:45-7:00pm	6:45-7:00pm	6:45-7:00pm		
Martial Arts For Teens Tae Kwon Do, Jiu-Jitsu, Krav Maga	7:00-7:55pm Beginners to 7:45pm		7:00-7:55pm Beginners to 7:45pm			
Krav Maga Self Defense & Fitness Mature Teens & Adults	7:15-8:10pm Beginners to 8:00pm		7:15-8:10pm Beginners to 8:00pm			tba Workshops, Seminars, Classes

ONCE YOU’VE ENROLLED IN YOUR CONTINUING PROGRAM, PLEASE ASK TO JOIN OUR Private **CJA Families** Facebook Group, so you can keep up on all current and future events, including schedule changes and closings, plus special seminars, class videos and pictures.

AND PLEASE “LIKE US” ON OUR CHON-JI ACADEMY FACEBOOK PAGE, if you’re not already a fan.

SCHOOL CLOSINGS: Labor Day 09/07, Yom Kippur 9/21, Thanksgiving 11/25-11/26, Winter Break 12/24-01/01, additional dates in 2027 will be announced in the new year.

Additional dates will be posted in our private CJA Families Facebook group and emailed to you as needed.

Consistent attendance builds momentum. Momentum builds progress. Progress builds skills, confidence, and resilience. Miss a class? Make it up and keep moving forward!