

January 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Dec-29	Dec-30	Dec-31	Jan-1	Jan-2	Jan-3	Jan-4
	FUN WITH	FITNESS	CLOSED FOR NEW YEARS HOLIDAY	CLOSED FOR NEW YEARS HOLIDAY	WEEK		
	Jan-5	Jan-6	Jan-7	Jan-8	Jan-9	Jan-10	Jan-11
WEEK 1	RED STRIPE	RED STRIPE	BLUE STRIPE	BLUE STRIPE			
	Jan-12	Jan-13	Jan-14	Jan-15	Jan-16	Jan-17	Jan-18
WEEK 2	GREEN STRIPE	GREEN STRIPE	YELLOW STRIPE	YELLOW STRIPE			
	Jan-19	Jan-20	Jan-21	Jan-22	Jan-23	Jan-24	Jan-25
WEEK 3	ORANGE STRIPE	ORANGE STRIPE	WHITE STRIPE	WHITE STRIPE			
	Jan-26	Jan-27	Jan-28	Jan-29	Jan-30	Jan-31	Feb-1
WEEK 4	BLACK STRIPE	BLACK STRIPE	PURPLE STRIPE	PURPLE STRIPE			